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FAMILY
PRESERVATION
workers and supervisors
of MDHHS-contracted
private agencies!**

2020 Child Welfare In-Service Training

for the
Michigan Department of Health and Human Services
and MDHHS-Contracted Private Agencies

Delivered by
Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



School of Social Work
MICHIGAN STATE UNIVERSITY



*ALL trainings
in this catalog
are approved
by the MDHHS for
in-service
training hours*

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Schools of Social Work

Andrews University
Eastern Michigan University
Ferris State University
Grand Valley State University
Michigan State University
Spring Arbor University
University of Michigan
Western Michigan University

Introduction

Working effectively as a child welfare or family preservation worker or supervisor can be challenging. Keeping families safely together, reuniting families, or supporting new loving families requires a well-trained family preservation and child welfare workforce. A professional needs to have extensive knowledge about child development, family dynamics, culture and community, trauma, evidence-based or promising approaches to helping children and families, and so much more. In addition to knowledge, multiple skills are required to assure child safety, promote permanency planning, and support the well-being of children and families. Gaining this knowledge and skills requires both initial professional education and training as well as an ongoing commitment to learning and improving. This is important work as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families.

That is why we are pleased to present this in-service training catalog—the product of a dynamic partnership among eight Michigan schools of social work with MSW programs and the Michigan Department of Health and Human Services

(MDHHS). We appreciate the commitment and support of MDHHS Director Robert Gordon and his Children’s Services Agency leadership team: JooYeun Chang and Stacie Bladen. A special thanks to training team leaders Stacie Gibson, Laura Schneider, and Kimberly Reese for their partnership.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge for family preservation and child welfare workers and supervisors. Multiple human service and educational professionals who also serve the families involved with the child welfare system may find the trainings of interest; many of the training topics will have applicability beyond child welfare practice. Each training is or will be approved for social work continuing education credit hours.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor
Kadi M. Prout, LMSW, In-Service Project Coordinator
MSU School of Social Work

“Child welfare isn’t rocket science. It is harder.”

—David Liederman, former director of the
Child Welfare League of America

These child welfare trainings are offered **FREE OF CHARGE** for MDHHS child welfare and family preservation workers and supervisors and MDHHS-contracted private agencies’ child welfare and family preservation workers and supervisors on a **FIRST COME, FIRST SERVE BASIS.**

◆ ◆ ◆ ◆ ◆
REGISTRATION for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

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This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

FAQs

1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete? All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

2 How do I record these in-service training hours to show that I am meeting this requirement? Add the training to the Michigan Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

3 I see that each training in this catalog has a curriculum reference. What does this mean? Child welfare and family preservation workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the field. A worker should have the opportunity to sit down with her/his supervisor regularly to assess which trainings would be most beneficial and most relevant to her/his caseload so that training progress is pre-planned and helps the worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.

4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)? In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

5 Is it true, I can attend any in-service training listed in this catalog for FREE?! Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare and family preservation workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog,
webinars are offered through Michigan State University.

See pages 22-26.



School of Social Work
MICHIGAN STATE UNIVERSITY

Working with Parents Coping with Mental Illness

Curriculum: Mental and behavioral health: Working with parents coping with mental illness

Date/time: Friday, March 20, 2020 • 9:00 AM – 12:15 PM

Location: Andrews University, Chan Shun Hall, Whirlpool Room
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$45 all others; \$15 for students

Presenter: Alina M. Baltazar, PhD, LMSW, MSW, CFLE, CCTP-I



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand how mental illness affects parenting and impacts children.
- Increase awareness of current treatment options for mental illness.
- Improve skills in relation to working with parents who have mental illness.

Description: Mental illness in parents can have a significant negative effect on children. It can be difficult working with these parents due to the nature of mental illness. Developing an understanding of mental illness and how it impacts parenting can improve the working relationship between CPS/foster care workers and the parent(s) of children in care. Current treatment options to address mental illness also will be explored. The goal of this training is to increase cooperation of parents with mental illness in relation to meeting the treatment plan. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

Effective Supervision and Mentoring

Curriculum: MiTEAM principles: Effective supervision and mentoring

Date/time: Friday, April 3, 2020 • 9:00 AM – 12:15 PM

Location: Andrews University, Chan Shun Hall, Whirlpool Room
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$45 all others; \$15 for students

Presenter: Lloyd Hamilton, MSW

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand more fully the difference between supervision and mentoring.
- Learn the benefits of developing a mentoring/ coaching approach with staff.
- Learn how to develop a mentoring/ coaching approach that will enhance staff succeeding in their jobs and beyond.

Description: A mentor is referred to as a wise individual. Someone who is experienced and is trusted adviser; one who is a trusted counselor or guide, tutor, or coach. So, here is the question, would those you supervise describe you in these terms? In this training, participants learn the difference between supervision and mentoring. The presenter will define the ingredients of an effective mentor and the rationale and benefits for supervisors and staff giving and receiving constructive and positive feedback. Participants will practice and role play and to enhance their mentoring role. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

What's Bias Got to Do With It? Toward an Understanding of Cultural Humility, Cultural Competence, and Personal Bias

Curriculum: Cultural humility/cultural competence: Understanding one's personal values and beliefs and their relationship to cultural identity and practice

Date/time: Friday, May 29, 2020 • 9:00 AM – 12:15 PM
Location: Andrews University, Chan Shun Hall, Whirlpool Room
 4185 E. Campus Circle Drive, Berrien Springs, MI 49104



Social Work CECHs: 3 hours • Approval pending
Cost: Free to all MDHHS and private agency child welfare workers; \$45 all others; \$15 for students
Presenter: **Krista Cooper, PhD, LLMSW**

Intermediate skill level

Target audience:
 ✓ Children's Protective Services Workers
 ✓ Foster Care Workers
 ✓ Adoption Workers
 ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the difference between cultural competence and cultural humility.
- Increase their ability to locate bias within themselves.
- Develop skills to engage in cultural humility with clients and combat the negative impacts bias can have on service delivery.

Description: Bias is an important concept for exploration for social service practitioners. Often times bias can be difficult to locate within ourselves. When working with individuals from various cultural and ethnic backgrounds, cultural humility and cultural competence are integral to the development of meaningful client and provider relationships. What happens, however, when bias is present? This training will examine the role of bias and its impact on cultural competence and cultural humility. Through a series of interactive individual and group exercises as well as the use of media, these three concepts will be explored. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

How to Advocate for Families and Services to Facilitate Recovery

Curriculum: Substance abuse: How to advocate for families and services to facilitate recovery

Date/time: Friday, June 26, 2020 • 9:00 AM – 12:15 PM
Location: Andrews University, Chan Shun Hall, Whirlpool Room
 4185 E. Campus Circle Drive, Berrien Springs, MI 49104



Social Work CECHs: 3 hours • Approval pending
Cost: Free to all MDHHS and private agency child welfare workers; \$45 all others; \$15 for students
Presenter: **Panankosi Mbunjwa, MDIV, LMSW, CAADC**

Beginning skill level

Target audience:
 ✓ Children's Protective Services Workers
 ✓ Foster Care Workers
 ✓ Adoption Workers
 ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand effective advocacy and the role of case managers and service providers in accessing services for families with whom they work, in pursuit of successful recovery from an addiction.
- Identify specific services needed for successful recovery, and understand the role of families and support systems in this process.
- Identify characteristics and details of successful recovery, to empower families and support systems for positive engagement.

Description: Advocacy sits at the core of what we do as helping professionals and an effective advocate is warranted if a lasting impact in the community is to be achieved. In this social fabric that seems to be tearing at the seams due to addiction, we need informed advocates who have their senses attuned to the issues in the community, we need awareness on our role and access to resources that adequately meet the ever-changing problems on the ground. With trauma among case managers and service providers on the rise, we need to explore new policies that provide support, empower and protect service providers to be the best advocates for the communities they serve and to effectively forge partnerships with families and support systems that produce lasting results in recovery from an addiction. This training will utilize games, small and large group discussions, and visual displays.

Child Sexual Abuse Awareness, Prevention, Investigation, and Treatment Education

Curriculum: Trauma and crisis management; Effects of abuse and neglect on children

Date/time: Friday, August 28, 2020 • 9:00 AM – 12:15 PM

Location: Children's Advocacy Center (CAC) of Southwest Michigan
4938 Niles Rd., St. Joseph, MI 49085

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$45 all others; \$15 for students

Presenter: Allie Kibler-Campbell, MS



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the prevalence of child sexual abuse and the long-term emotional and physical effects it can produce.
- Recognize the signs of sexual abuse in children and how to react responsibly if it occurs.
- Tour the CAC and learn about the services we provide to the community and how we work collaboratively with a multidisciplinary team to investigate such cases.

Description: One in 10 children will be a victim of sexual abuse before their 18th birthday. This training, Darkness to Light – Stewards of Children (www.d2l.org), is an evidence-informed, award-winning training that teaches adults to prevent, recognize, and react responsibly to child sexual abuse. Through interviews with child sexual abuse survivors, experts, and treatment providers, Stewards of Children® teaches adults practical actions they can take to reduce instances of child sexual abuse in their organizations, families, and communities. In addition to the Stewards of Children facilitation, this training will also include a tour and overview of services provided by the Children's Advocacy Center of Southwest Michigan. The CAC works closely with DHHS, law enforcement, the prosecutor's office, and Spectrum Lakeland Health to aid in their investigations of child abuse by providing specialized forensic interviews, trauma focused-cognitive behavioral therapy for child victims and their families, and prevention education for children and adults. This training will utilize large group discussion and visual displays.

How to register: Go to www.andrews.edu/cas/socialwork/continuing and click on the link provided.

Contact: Shelley Kennedy

Email: swceu@andrews.edu

Phone: 269-471-6196

Website: www.andrews.edu/socialwork

High School to Post-Secondary Education for At-Risk Students

Curriculum: Education issues

Date/time: Friday, February 7, 2020 • 9:00 AM – 4:00 PM

Location: EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

Social Work CECHs: 6 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: **Christina Marsack-Topolewski, PhD, MSW**



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Articulate a range of characteristics, behaviors, and outcomes associated with at-risk students.
- Identify the elements associated with student behavior to help provide advocacy and interventions.
- Utilize strategies and tools to support students and their caregivers needing support.

Description: This training will provide an opportunity to explore challenges experienced by at-risk high school learners, including students that receive 504 plans, IEPs, experience homelessness, and/or those that experience social, emotional, and behavioral challenges. Information regarding student rights, services, and options to enhance student learning will be discussed. Information regarding the McKinny-Vento Act, programming options, personal curriculums, and tools to support at-risk students will be discussed. Strategies and tools introduced and discussed will be geared to nurture and foster student engagement, motivation, and success. This training also will provide a lens to understand the myriad of challenges and strategies to support high school students as they transition to post-secondary education, training, and careers. Information regarding the high school, transitional, and post-secondary programs and supports will be offered. This training will utilize exercises, small and large group discussions, and visual displays.

Grandparents as Caregivers

Curriculum: Placement

Date/time: Friday, May 1, 2020 • 9:00 AM – 12:15 PM

Location: EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: **Cassandra Barragan, PhD, MSW**



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand challenges and strengths working with grandparents as caregivers.
- Understand how family dynamics can influence caregiver relationships.
- Explore their own perspectives on working with grandparents/older adults as caregivers.

Description: Grandparents as caregivers can have significantly different challenges than traditional foster care and guardians. They also experience strengths and benefits unique to their different roles, situations, and family dynamics. Personal and professional perspectives of grandparents as caregivers and the role of these family dynamics will be explored through discussion and reflection in this interactive training. This training will utilize small and large group discussions and visual displays.

Supporting Children with Chronic Pain

Curriculum: Mental health and behavioral health

Date/time: Friday, July 17, 2020 • 9:00 AM – 12:15 PM

Location: EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Yvette Colón, PhD, ACSW, LMSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Assess pain in verbal and cognitively impaired children.
- Understand multidisciplinary and evidence-based treatments for chronic pain in children.
- Consider strategies to teach parents/guardians adaptive responses to their child's pain.

Description: Chronic pain affects approximately 25% of U.S. children and teenagers who communicate and respond differently than adults. It can be difficult for parents and other adults to recognize and respond to children's pain. Children experience physical and psychological effects, and their families experience emotional and social consequences because of pain. This training will review pain assessment in verbal and nonverbal children, identify evidence-based treatments for chronic pain in children, and consider strategies to teach parents adaptive responses to their child's pain. This training will utilize large group discussion and visual displays.

How to register: Visit <https://www.emich.edu/chhs/sw/activities/index.php>

Contact: Cölleen O'Brien

Phone: 734-487-0367

Email: cobrien4@emich.edu

Advocating for Children Within the K-12 Educational System

Curriculum: Education: Navigating the special education system for children with disabilities

Date/time: Friday, April 17, 2020 • 1:00 PM – 4:15 PM

Location: Ferris State University, 1414 Family Drive, Big Rapids, MI 49307

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Danette Crozier, MSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the basic recipient rights of children in the public schools—FAPE (Free and Appropriate Education).
- Understand mental health diagnosis and special education eligibility: No guarantees.
- Utilize positive behavior supports to manage difficult behavior.

Description: This training is designed to help foster care, CPS, and adoption workers learn the basic issues that are involved with children in the public school setting—specifically regarding special education and children with disabilities. Often, children working with DHHS staff have complex difficulties that impact their progress within the educational setting. These children can present with difficult behaviors, a reduced capacity for learning, and difficulties with interpersonal relationships. First, the participants will learn the basic rules regarding what it means for a school to provide a Free and Appropriate Education (FAPE). Second, a general understanding of the special education rules will be taught with an emphasis on the difference between a mental health diagnosis and a special education diagnosis. Finally, participants will be introduced to Functional Behavior Analysis and Positive Behavior Support Plans designed to help manage difficult behaviors in the school setting. An emphasis on building a positive and collaborative relationship between all community providers, parents, and the school will be included. This training will utilize exercises, small and large group discussions, and visual displays.

Helping Families of Children with Disabilities

Curriculum: Navigating the special education system for children with disabilities

Date/time: Friday, April 24, 2020 • 9:15 AM – 12:30 PM

Location: Ferris State University, 1414 Family Drive, Big Rapids, MI 49307

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Rita Walters, PhD, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe various childhood disabilities and their impact on child's physical, emotional, social and psychological development.
- Describe the impact of caring for a child with a disability.
- Identify the most effective intervention methods and self-care techniques for foster care providers of children with disabilities.

Description: The reality of day-to-day care for a child with a severe disability can be complex and exhausting for parents. Families must cope with greater financial stress, more frequent disruptions of family routines, more marital problems, and reduced social and leisure activities outside the family. Multiple studies have found that children and youth with disabilities experience a higher rate of maltreatment than children and youth without disabilities and are disproportionately represented in the child welfare system. Social service providers and foster care parents caring for children with disabilities need to understand the unique needs of these children and the impact of caring for them. This training will describe childhood disabilities with an emphasis on physical disabilities. It will present the structural problems and difficulties caregivers face and will critically examine effective intervention strategies and techniques. Attendees will gain knowledge and skills to broaden and enrich delivery of services. This training will utilize exercises, small and large group discussions and visual displays.

Strategies for Supporting Youth Who Are Coming Out As Transgender

Curriculum: Cultural humility/cultural competence

Date/time: Thursday, May 21, 2020 • 1:00 PM – 4:15 PM

Location: University Center, 2200 Dendrinos Drive, Traverse City, MI 49684

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Kathryn Woods, PhD, MSW, MPA



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify ways in which adults can support youth who are coming out as transgender.
- Demonstrate competence in utilizing culturally competent language around transgender youth.
- Identify mental health risks associated with youth coming out as transgender.

Description: Despite recent increased media attention on the transgender community, many youth identify feeling isolated and alone in their coming out journey. Additionally, transgender youth experience significant risks for mental health consequences and suicidality. Adults and service providers are in a crucial position to promote resiliency and create relationships based on genuine support and care. This training will provide information that will help child welfare caseworkers use appropriate language, identify ways to provide positive support, and consider ways in which youths' other identities may impact their coming out process. This training will utilize role playing, exercises, and small group discussion.

Trauma, Crisis Management, and Working with Kids in Care

Curriculum: Trauma and crisis management

Date/time: Wednesday, June 3, 2020 • 9:00 AM – 12:15 PM

Location: University Center, 2200 Dendrinos Drive, Traverse City, MI 49684

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Joanie Hazelton, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Gain awareness of the effects of abuse and neglect as it relates to trauma.
- Obtain tools associated with minimizing trauma for children during the removal and placement process.
- Recognize the importance of safety planning for families in crisis.

Description: This trauma and crisis management training will provide participants with generalized information regarding trauma. The training will also provide information related to the effects of abuse and neglect and will demonstrate how experiencing abuse and neglect is often traumatic. The training will incorporate discussion related to the importance of acknowledging trauma for children during the removal and placement process and will offer tools that can assist in the minimization of such trauma. Finally, the training will recognize the necessity of safety planning for children and families while in a state of crisis. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Contact Social Work Secretary

Phone: 231-591-2737

Email: socialwork@ferris.edu

Website: www.ferris.edu/socialwork

Understanding and Supporting LGBTQ Adoptive and Foster Families

Curriculum: Cultural humility/cultural competence: Cross-cultural knowledge

Date/time: Friday, March 13, 2020 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Amy Bailey, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the unique needs of LGBTQ adoptive families.
- Assess agency and individual policies and procedures to ensure equitable treatment.
- Identify ways to incorporate new strategies and services into working with LGBTQ adoptive families.

Description: LGBTQ adoptive parents have unique needs that cannot always be met through standard service provision. Many child welfare professionals and agencies recognize that this group may have special needs but may not know where to start or what to do. This training will highlight not only the importance of having services tailored to LGBTQ adoptive parents and their families, but also it will include specific recommendations for best practices. Participants will be offered a safe learning space in which they will be encouraged to reflect on areas for growth within their own professional development and that of their organization. This training will utilize small and large group discussions and visual displays.

Kinship Care Families: Recognizing Unique Strengths and Meeting Relevant Needs

Curriculum: Placement: Relatives/grandparents as caregivers

Date/time: Wednesday, May 20, 2020 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Andrea Smith, PhD



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Expand knowledge of demographic trends related to kinship care.
- Increase awareness of common challenges and strengths of kinship caregivers.
- Enhance understanding of needs and emotional themes common to children in kinship families.
- Recognize unique challenges encountered by kinship care family members affected by the current opioid crisis.
- Learn strategies for developing, implementing and assessing programs and services for kinship care family members.

Description: This training will provide basic demographic information on kinship families within the U.S. and also within Michigan, will share common challenges and strengths of grandparents as caregivers, will focus on needs and emotional themes common to children being raised in kinship families, will highlight effects of the current opioid crisis on members of kinship families, and will conclude by providing information on strategies for developing, implementing, and assessing effective programs and services for kinship care families. This training will utilize small and large group discussions and visual displays.

Suicide Prevention Tools: QPR, C-SSRS, and Safety Plans

Curriculum: Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies

Date/time: Friday, September 18, 2020 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Jody Sprague, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify key risk and protective factors from the framework of QPR.
- Recognize and become equipped to utilize the C-SSRS.
- Recognize a safety plan and explore the use of one.

Description: This training will equip participants to more thoroughly address suicide risk with three nationally recognized, evidence-based prevention tools. Participants will learn QPR (Question, Persuade, Refer), which is coined as the CPR for mental health. Additionally, they will learn how to utilize and administer a brief screening and stratification tool called the Columbia Suicide Severity Rating Scale (C-SSRS). Finally, participants will walk away equipped with what survivors of suicide attempts identify as their number one preventative tool: a safety plan. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Visit www.gvsu.edu/swce

Contact: Leslie Bateman

Phone: 616-331-7180

Email: socialworkce@gvsu.edu



Infants and Young Children in Foster Care: Attending to Infant and Early Childhood Mental Health #603-20

Curriculum: Mental and behavioral health: Infant mental health—importance of bonding/attachment

Date/time: **Thursday, April 23, 2020**

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: **The MTG Space**, 4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: **Sarah E. Shea, PhD, LMSW, IECMH-E®**



Intermediate skill level

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Define infant and early childhood mental health, including its implications for later development.
- Identify the risks to mental health for infants and young children (0-5) in foster care.
- Describe the recommended relationship-based interventions used to address infant and early childhood mental health concerns for infants and toddlers in foster care.

Description: This training will provide an overview of infant and early childhood mental health, with attention to the mental health concerns for infants and young children (ages 0-5) in foster care. The relationship-based nature of such concerns will be highlighted with discussion of the symptoms associated with common infant and early childhood mental health challenges. The training will also include a description of the types of relationship-based interventions that are recommended to address infant and early childhood mental health concerns for infants and young children (0-5) in foster care. This training will utilize small and large group discussions and visual displays.

Understanding Secondary Trauma and the Importance of Professional Self-care #604-20

Curriculum: Secondary trauma: Self-care for workers

Date/time: **Thursday, June 18, 2020**

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: **The MTG Space**, 4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: **Stephanie McCann, LMSW**



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Describe key trauma definitions.
- Recognize and assess levels of trauma exposure in the workplace.
- Identify supports to help manage any experienced secondary traumatic stress, including the use of mindfulness-based self-care for STS management.

Description: This training teaches professionals to understand the signs of secondary traumatic stress exposure in the workplace and the conditions that may expose them to secondary traumatic stress. It allows participants space to assess their own exposure to workplace stress that may impact mental health, wellness, and self-care practices. Participants will identify supports and resources to improve their holistic wellness as well as utilize self-assessment tools for reflection. Practicing mindfulness-based exercises, this training will increase participants' awareness of stress management practices. Mindfulness for stress reduction will be explored as a tool to cultivate the helping professional's self-awareness and peace. This training will utilize exercises, small and large group discussions, and visual displays.



Fostering Recovery with Clients Struggling with Substance Use #605-20

Curriculum: Substance abuse: Providing support to families struggling with addiction

Date/time: Friday, July 24, 2020

Registration 7:30 AM • Program 8:00 AM – 11:15 AM

Location: Great Wolf Lodge, 3575 U.S. 31 North S, Traverse City, MI 49684

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Amelia Siders, PhD



Beginning skill level
Substance Use Specific

Target audience:
✓ Children's Protective Services Workers
✓ Foster Care Workers
✓ Adoption Workers
✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Define the Stages of Change Model of recovery to aid in understanding of readiness to change behavior.
- Discuss the Motivational Interviewing approach to people who are struggling with substance use.
- Describe realistic goals and recovery options for clients who are in the child welfare system.

Description: Engaging caregivers with substance use issues can make already challenging interventions even more complex. This training is designed to give you an overview and understanding of current approaches and interventions for clients who have substance use issues. The Stages of Change Model will be reviewed and case examples will be utilized to better define and understand where clients in the child welfare system may "fit" and how that will impact the approach to recovery. Motivational interviewing will be defined and techniques described to assist you in more successful interactions and interventions with clients. Finally, realistic goals and recovery options will be reviewed. You are encouraged to bring case examples (with identifying information removed) to discuss. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

Beyond "No Means No": Teaching Families About Body Safety and Consent #606-20

Curriculum: Health and wellness needs of youth in foster care

Date/time: Friday, July 24, 2020

Registration 12:00 PM • Program 12:30 PM – 3:45 PM

Location: Great Wolf Lodge, 3575 U.S. 31 North S, Traverse City, MI 49684

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Amanda Dubey-Zerka, LMSW



Beginning skill level

Target audience:
✓ Children's Protective Services Workers
✓ Foster Care Workers
✓ Adoption Workers
✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Describe ways to teach children/caregivers about appropriate and inappropriate touch.
- Describe ways to teach children/caregivers about boundaries, safety, and consent.
- Define normal sexual development.

Description: It is never too early to teach children and teens about body safety and consent as a tool to prevent sexual abuse/assault. This training will teach you techniques to talk to families about body safety (appropriate and inappropriate touching, names for body parts, boundaries). Content will include videos, songs, and resources to implement right away. Sexual abuse is prevalent with 1 in 10 children experiencing sexual abuse before the age of 18. Let's work together to reduce this number. Normal sexual development will also be discussed. This training will utilize exercises, small and large group discussions, and visual displays.

How to register for in-person training:

Online at <https://socialwork.msu.edu/ce/>

Contact:

Ryan Hasselbach

Phone: 517-353-3060

Email: swkce@msu.edu

MiTEAM Principles: Effective Supervision and Mentoring

Curriculum: MiTEAM Principles (Teaming, Engagement, Assessment and Mentoring)

Date/time: Friday, May 1, 2020 • Program 9:00 AM – 12:15 PM

Location: Otsego Department of Health & Human Services
931 S. Otsego Avenue, Gaylord, MI 49735

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Hollie Nash, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify key MiTEAM principles as they relate to supervision and mentoring.
- Learn innovative ways to conduct supervision.
- Discuss methods to utilize mentors.

Description: This training will assist caseworkers, lead caseworkers, and supervisors in identifying and implementing creative and innovative ways to effectively use supervision. It will also address how to use mentoring in an effective and appropriate way as well identify the role of a mentor and how to maximize their time. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

When the Going Gets Hard: Building Attachment and Bonding While Preventing Disruption and Dissolution

Curriculum: Permanency: Techniques to promote attachment and bonding

Date/time: Wednesday, June 3, 2020 • Program 9:00 AM – 12:15 PM

Location: Spring Arbor University, 3333 E. Bellline, Grand Rapids, MI 49525

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Rebecca Rozema, LMSW, ACSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify potential risk factors in families who experience placement disruptions or feelings of despair.
- Outline strategies and recommendations to prevent placement disruptions and feelings of despair.
- Demonstrate techniques to promote attachment and bonding.

Description: Families who provide permanent homes for children who have been in the child welfare system face challenges that are often unexpected, even with required training and experience. Children who enter these families have experienced significant trauma and loss, often making it difficult for them to trust, attach to, and bond with a new family, even if they have resided with them for an extended period of time. This can take a toll on an adoptive or guardianship family, sometimes resulting in the request for the child to be removed from the family. As professionals in the child welfare system, we strive to minimize these requests as they increase the trauma and loss that youth experience. This training will help workers learn about ways to increase attachment and bonding in creative ways with children of all ages who struggle to attach to their families. Additionally, this training will explore patterns and risk factors for disruption and dissolution of adoptions, and strategies to minimize those risks. This training will utilize exercises, games, and large group discussion.

How to register: <https://www.eventbrite.com/e/miteam-principles-effective-supervision-and-mentoring-tickets-77941522191>

<https://www.eventbrite.com/e/when-the-going-gets-hard-tickets-78108780465>

Questions: Contact Emily Dixon, LMSW

Phone: 616-558-9618

Email: edixon@arbor.edu

How Can We Help? Addressing the Emotional and Mental Health Concerns of Children and Youth

Curriculum: Mental and behavioral health

Date/time: Monday, August 10, 2020 • Program 9:00 AM – 12:15 PM

Location: Delta County Department of Health and Human Services

305 Ludington Street, Escanaba, MI 49829

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Sarah Bartzen, LMSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the importance of attachment in child and youth development and the connection to mental health.
- Identify emotional and mental health concerns of children and youth.
- Utilize evidence-based interventions with children and youth who have emotional and/or mental health concerns and their families.

Description: This training will focus on the emotional and mental health concerns impacting children and youth.

Understanding attachment and the role it plays in emotional and mental health development is critical when working with children, youth, and their families. In this training the connection between attachment and emotional and mental health will be described. Depending on attachment experiences, children and youth can present with varying emotional and/or mental health concerns, and these concerns will be discussed in the session. Evidence-based interventions addressing these concerns will be shared for attendees to use with their clients. This training will use role plays, exercises, and small and large group discussions.

How to register: <https://www.eventbrite.com/e/how-can-we-help-addressing-the-emotional-and-mental-health-concerns-of-children-and-youth-tickets-77935740899>

Contact: Emily Dixon

Email: Emily.Dixon2@arbor.edu

Phone: 616-558-9618

Working with Parents Coping with Mental Illness

Curriculum: Mental and behavioral health: Working with parents coping with mental illness

Date/time: Friday, April 10, 2020 • Program 2:00 PM – 5:15 PM

Location: U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Richard Barinbaum, MSW**



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the intersection between mental health and child welfare and the impact that professionals have on child welfare-involved families.
- Describe the common diagnoses and treatments that impact child welfare-involved parents.
- Identify engagement strategies that are strengths-based and trauma-informed and implement those strategies in the work.

Description: This part didactic, part experiential training will explore practices to engage with child welfare-involved families with caregivers impacted by mental illness. It will explore common diagnostic criteria, what they mean, and how provider interactions can positively impact mental health for the better with engagement skills and strategies. This training will utilize role playing, small group discussion, and visual displays.

When Self-care Isn't Enough: Restorative Care

Curriculum: Secondary trauma: Self-care for workers

Date/time: Friday, May 15, 2020 • Program 9:00 AM – 12:15 PM

Location: U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Yatesha Robinson, LMSW**



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Differentiate between the need for restorative care versus the need for clinical intervention by a mental health professional.
- Describe the complex array of needs and contextual variables that would inform what would be the most relevant practice.
- Describe restorative care practices and strategies.

Description: In this training, self-care will be redefined to a more comprehensive term, "restorative care." Participants will learn how restorative care differs from the hackneyed self-care term, which has lost its meaning. Participants will learn how this loss in meaning can lead to a loss in self-care practice, which is vital for social workers to maintain good mental health. Thus, restorative care will be defined and students will learn practical strategies to incorporate restorative care practices to facilitate restoration, healing, rejuvenation and balance as a social worker. This is especially for social workers experiencing secondary-trauma, overwork, and community stressors and are in danger of burnout. This training will utilize small and large group discussions and visual displays.

Mirror, Mirror on the Wall, Who Is the Most Biased of Them All: Values of a Social Worker

Curriculum: Cultural humility/cultural competence: Understanding one's personal values and beliefs and their relationship to cultural identity and practice

Date/time: Friday, June 19, 2020 • Program 9:00 AM – 12:15 PM

Location: U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Daicia Price, LMSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify personal and professional values relevant to professional role.
- Describe how bias and values impact decision making in a professional role.
- Identify the NASW core values.

Description: Professionals who work with individuals with different cultural and social identities are responsible for being knowledgeable about ways that their personal identities can impact their professional roles. This training will encourage participants to review and acknowledge their personal and professional values and beliefs and identify ways their biases impact their daily professional decision making. Ethical considerations will be introduced. This training will utilize small and large group discussions and visual displays.

LGBTQIA+ Youth in Foster Care: Recognizing, Responding, and Managing Emotional Pain

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth

Date/time: Friday, September 11, 2020 • Program 9:00 AM – 12:15 PM

Location: U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Daicia Price, LMSW

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify what a mental disorder is and prevalence in the U.S.
- Describe signs and symptoms of a youth experiencing emotional pain.
- Describe NASW ethical obligation specific to client safety.

Description: Suicide is the second leading cause of death in the U.S. for youth ages 13–24. According to the National Council on Behavioral Health, youth who identify as LGBTQIA+ are 300% more at risk for attempting suicide and have identified rejection and negative reactions from family and social supports as precipitating factors to causing distress. Suicide and self-harm have been identified as the solutions to address mental, emotional, and social distresses that don't have a perceived solution. Youth engaged in child welfare programs have an increased rate of exposure to trauma and increased risk to engage in behaviors that are harmful. This training will provide an overview of the prevalence of mental health concerns of LGBTQIA+ youth, introduce emotional pain as a concept to consider as a need to manage in treatment and methods to deliver services in accordance to ethical standards and obligations. This training will utilize small and large group discussions and visual displays.

How to register: Visit ssw.umich.edu/r/CE-catalog

Contact: Alia Wesala, LMSW **Email:** ssw.conted@umich.edu **Phone:** 734-763-5723

Trauma Stewardship and Living Self-care

Curriculum: Secondary trauma

Date/time: Thursday, March 12, 2020 • Program 12:30 PM – 3:45 PM

Location: WMU College of Health and Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Jessica Gladden, PhD, LMSW, RYT-500



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Recognize at least five signs of compassion fatigue/burnout.
- Assess their own level of self-care practices.
- Engage in two practices that will increase their self-care.

Description: In this training, you will begin to understand how witnessing trauma or experiencing your own trauma will impact you. You will learn the signs of compassion fatigue and burnout for yourself and other workers. You will have an opportunity to explore your own skill set in relation to self-care and will practice at least two activities that can be incorporated into your daily self-care practice. This training will use exercises, small and large group discussions, and visual displays.

Understanding Human Sexuality and Gender Expression: Impacts for Youth in the Child Welfare System

Curriculum: Cultural humility/cultural competence: Supporting LGBTQ youth

Date/time: Friday, March 20, 2020 • Program 8:45 AM – 12:00 PM

Location: WMU College of Health and Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Melinda McCormick, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the terms sexuality and gender expression and identify the different terms for sexuality and/or gender expression and how they are used in the LGBTQ+ community.
- Express cultural awareness of non-heteronormative forms of sexuality and gender expression.
- Understand the potential impacts upon you with these identities as a result of being involved in the child welfare system.

Description: People frequently confuse sexuality and gender expression and assume that they are related when, in fact, they can exist in many different combinations. In this training, I will discuss the difference between sexuality and gender expression, and I will provide an overview of different forms of gender expression and sexuality as understood in the LGBTQ+ community. I will also provide resources regarding the use of language to be more inclusive of those who do not follow heteronormative patterns of sexuality and gender expression. Additionally, I will present information on potential consequences/impacts for youth who identify as LGBTQ+ who are involved with the child welfare system. This training will use exercises and small and large group discussions.

Cultural Humility: Understanding and Supporting Minority and Youth Populations

Curriculum: Cultural humility/cultural competence

Date/time: **Thursday, June 4, 2020** • Program 12:30 PM – 3:45 PM

Location: **WMU College of Health and Human Services**
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Jessica Gladden, LMSW, PhD, RYT- 500**



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the difference between cultural competency and cultural humility.
- Explore issues of racism and racial microaggressions.
- Understand at least two ways to support youth identifying as gender or sexual minorities.

Description: In this training, you will begin to understand how to appropriately approach working with those who may be different than you. Cultural humility as a concept will be explored. Personal and societal values will be explored in relation to minority group values. Racial and other microaggressions will be explored as an often-missed part of practice. In addition, ways to support minority populations and youth will be discussed. This training will use exercises, small and large group discussions, and visual displays.

How to register: Visit <http://wmich.edu/hhs/continuing>

Contact: Alicia Dorr

Phone: 269-387-2638

Email: alicia.dorr@wmich.edu



Michigan State University School of Social Work Continuing Education offers live webinars!

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- Beginning and intermediate skill levels**
Target audience:
- ✓ Children's Protective Services Workers
 - ✓ Foster Care Workers
 - ✓ Adoption Workers
 - ✓ Family Preservation Workers

Working within Michigan's Family Division Court System #200-20

Date/time: Wednesday, January 22, 2020 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Joseph Kozakiewicz, JD, LMSW**, earned bachelor's and law degrees from Columbia University in 1985 and 1988 and an MSW from Grand Valley State University in 2000. Kozakiewicz worked for Ottawa County's Family Court first as a circuit court referee and then as director of the Friend of the Court before he became director of the MSU Chance at Childhood Program in 2003.



Beginning and intermediate skill levels

Description: In this webinar, you will be given an overview of the Michigan Family Division court system, including structure and jurisdiction within the Family Division, Family Division Referees, the Friend of the Court, and specialty courts. To help child welfare professionals understand the legal perspective involved in their work, this webinar will describe the training and ethical obligations of lawyers and judges and will include discussion on how to work cooperatively to better serve clients. The nature of our court system and how this may impact decision making will also be described. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Trauma and Substance Use: Toward a Trauma-informed Recovery Model for Substance Use Disorders #201-20

Date/time: Thursday, January 23, 2020 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Amelia Siders, PhD, LP**, serves as the clinical director for the Traverse Bay Children's Advocacy Center. She received a BA in psychology from the University of Michigan and completed her doctoral degree in clinical psychology at the California School of Professional Psychology, San Diego, CA. A licensed psychologist, Dr. Siders specializes in assessment, treatment, and advocacy for children, adolescents, and adults with emotional, behavioral, trauma, and substance use disorders.



Beginning skill level
Substance Use Specific
Trauma Certificate Elective

Description: This webinar will utilize research and clinical experience/expertise to outline the importance of a trauma-informed recovery model of care for substance use disorders. You will gain an understanding of the importance of assessing and treating these disorders with an integrated approach. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.



The Case for Committing to Inclusive Practices in Child Welfare #202-20

Date/time: Thursday, February 6, 2020 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Katie Page Sander, LMSW**, a graduate of the University of Michigan School of Social Work, has 21 years of experience in child welfare, including direct practice, supervision, training, family and youth advocacy, program and policy development, and management. She is currently executive director at Hands Across the Water, which has been designated as a leader agency since 2011 with the Human Rights Campaign's All Children All Families Initiative.



Beginning skill level

Description: This webinar is designed for child placing agency leaders interested in exploring how to incorporate inclusive and affirming practices in hiring and service provision to LGBTQ individuals. It will explore how improving competency in working with LGBTQ youth and families benefits and improves outcomes for the clients we serve and for the agency as a whole. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Making Trauma Informed Placement Decisions #204-20

Date/time: Thursday, March 5, 2020 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Stacey Goodson, BA**, earned her bachelor's degree from Grand Valley State University, and is completing her Master of Science in Human Services in 2020. She is a trainer and consultant for foster and adoptive parents and has passionately worked in the field of child welfare for more than eight years, as well as a year as an education administrator. In addition to working with children who have experienced trauma, she and her husband have been therapeutic foster parents for more than seven years for teenagers and have adopted four teenagers. In her free time, Goodson enjoys coaching high school girls in basketball and track and college basketball. These experiences give her a unique perspective on children who have experienced trauma, poverty, and neglect and what works to help them be successful. Goodson is a dynamic and engaging presenter and is passionate about equipping social workers, educators, and parents with the tools to work with children who have experienced trauma, poverty, and neglect—ultimately, giving youth the opportunities to be the best versions of themselves.



Beginning and intermediate skill levels Trauma Certificate Elective

Description: In this webinar, you will learn how trauma affects children's placements and how child welfare professionals can make placement decisions that are trauma informed. This webinar will explore the effects of multiple placements on children in foster care and strategies for how child welfare professionals can support children in their current placements and prevent replacements. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Human Trafficking for Child Welfare Professionals #205-20

Date/time: Tuesday, March 24, 2020 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Danielle Kalil, JD**, is a clinical teaching fellow in the Human Trafficking Clinic, where she provides free civil legal services to domestic and foreign survivors of sex and labor trafficking. She oversees cases in a variety of legal areas, including immigration, criminal set asides, victim witness advocacy, family law, and public benefits. She regularly trains attorneys, law enforcement, government officials, and social service providers around the state on human trafficking. Professor Kalil earned her JD from the University of Michigan Law School, where she served as a student attorney in the Human Trafficking Clinic for three semesters.

Beginning skill level

Description: Human trafficking is the recruitment, transportation, harboring, or receipt of people for purposes of slavery, forced labor, and servitude. You will learn what precisely human trafficking is and how to identify it. Discussion will include how to assess for human trafficking, including warning signs, and MDHHS policies and procedures regarding child victims of human trafficking. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.



Grief and Loss in Foster Care: How to Support Children and Families #206-20



Date/time: **Friday, April 24, 2020** • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Stacey Goodson, BA** (see previous page)

Beginning skill level

Description: Even in the best of circumstances, children and youth who enter foster care experience multiple losses as a result of removal from their homes. This webinar is specifically designed to help professionals working with children and resource families understand the trauma that is experienced not only from removal but through multiple phases of foster care and either reunification or adoption from the perspective of youth and the resource families. Participants will leave this webinar with tangible methods to support children and the families as they experience these losses. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Multisystemic Therapy: An Overview #214-20

Date/time: **Wednesday, April 29, 2020**
Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenters: **Lori Bargesser, LMSW**, is an MST supervisor at Highfields, Inc.
Becky Womboldt, LMSW, is director of quality and education at Highfields, Inc.



Beginning skill level

Description: MST is a highly effective evidence-based treatment model. This webinar will provide participants a better understanding of MST's targeted population and the MST treatment process. The two major stages of treatment include: the conceptualization stage—the basis for how MST therapists think about a problem, and the action stage—what MST therapists do about the problem (problem solving). This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Mindfulness, Wellness, and Creative Self-care for the Helping Professional #207-20

Date/time: **Friday, May 8, 2020** • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Stephanie McCann, LMSW**, is in her element when she is helping another become their most authentic and healthy self. This is her purpose. She has been contributing to the field of social work since 2009 when she graduated with her MSW from Michigan State University. With a passion for clinical social work with children and families, her career has focused on child welfare, trauma-informed practice, foster and adoptive parent recruitment and retention, and the importance of mindful self-care and the helping profession. As the academic recruitment specialist at MSU, she is responsible for recruitment planning for BASW and MSW programs and is a clinical instructor.



Beginning and intermediate skill levels

Description: This webinar seeks to prepare you to understand secondary traumatic stress exposure in the workplace, the conditions that may expose helping professionals to secondary traumatic stress, and allow you the space to assess your exposure to workplace conditions that may impact your mental health, wellness, and self-care practices with mindful awareness. You will be able to identify supports and resources to improve your holistic functioning as well as utilize self-assessment tools for reflection. This webinar seeks to impact the awareness of and need for stress management and focus on self-care. The practice of mindfulness will be explored as a tool to increase the helping professional's awareness and peace during time of stress. This webinar will utilize visual displays and allow time for questions and answers.



Connecting Brain and Behavior #208-20

Date/time: Tuesday, May 19, 2020 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Terri Pardee, PhD, LPC**, is a psychology professor at Spring Arbor University and director of Bounce, an enrichment program for children ages 3–10 who have experienced chronic trauma. She earned her PhD in counseling psychology from Andrews University. Dr. Pardee has experience as a high school counselor and CMH therapist.



Beginning skill level

Description: This webinar will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens. This webinar will utilize visual displays and allow time for questions and answers.

An Introduction to Motivational Interviewing #209-20

Date/time: Tuesday, June 2, 2020 • Program 9:00 AM – 10:15 AM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Chris Robinson, LMSW**, earned his MSW at Michigan State University and has worked with adolescents over ten years in the human services field. Currently, he is residential director for Highfields Inc.'s residential treatment facility that provides behavioral services to adolescent males throughout Michigan. Robinson is a seasoned Motivational Interviewing trainer and assists human service professionals across the U.S. in working with resistant clients to change maladaptive behaviors.



Chris Jurasek, LLMSW, is a recent graduate from Eastern Michigan University's MSW program. He has nine years of experience working with adolescents in the human services field. Currently, Jurasek is the manager of clinical services for Highfields Inc.'s residential treatment facility that provides behavioral services to adolescent males throughout Michigan. Jurasek also contracts with Possibilities 4 Change to train professionals around the country in Motivational Interviewing strategies.



Beginning skill level

Description: Motivational interviewing is a counseling method that helps clients to resolve ambivalent feelings and insecurities to find the internal motivation they need to change their behavior. The overall principles and strategies will be presented. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Child Welfare Workers: The Ethical Obligation and Opportunities to Advocate for Social Justice #210-20

Date/time: Wednesday, August 5, 2020 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Joseph Kozakiewicz, JD, LMSW** (see page 22)



Beginning skill level

Description: Child welfare workers (CWW) effect social justice through working with families and children in need of help. CWWs are well positioned to seek social justice on a broader scale through using their knowledge and skills as advocates for change. However, most CWWs think that advocacy on this level is relevant only to macro-level or policy-oriented workers. Few CWWs think of advocating for social justice as a part of their daily work. This webinar will explore a conceptual framework that challenges the traditional micro/macro-level practice dichotomy as it relates to the pursuit of social justice. The webinar will also consider how CWWs pursue social justice through their work without even realizing they do so. Finally, this webinar will challenge CWWs to be more thoughtful regarding how they may intentionally seek opportunities to effect social justice in the child welfare field. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.



Parent-Child Interaction Therapy: A Transdiagnostic Model to Reduce Toxic Stress in Young Children #211-20

Date/time: Friday, August 28, 2020 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Larissa N. Niec, PhD**, is the director of the Center for Children, Families, and Communities and a professor of psychology at Central Michigan University. She is a PCIT master trainer and has provided training for social workers nationally and internationally for over 20 years. Dr. Niec publishes frequently on the parent-child relationship, parent-child interaction therapy (PCIT), and strategies for successful clinician training. Her most recent book is the *Handbook of Parent-Child Interaction Therapy: Innovations & Applications for Research and Practice*.



Beginning skill level

Description: Parent-child interaction therapy (PCIT) is an evidence-based treatment for young children with conduct problems designed to enhance the parent-child bond, reduce children's disruptive behaviors, and increase positive parenting. This webinar will provide child welfare workers with an overview of the approach and how high-risk and underserved families benefit from this intervention. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Honoring and Empowering Adolescents #215-20

Date/time: Wednesday, September 16, 2020 • Program 10:00 AM — 11:15 AM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Amanda Dubey-Zerka, LMSW**, received her MSW from Michigan State University in 2006. She is an instructor for MSU School of Social Work and co-owns Wise Willow Counseling & Consulting in East Lansing, MI. Dubey-Zerka is nationally certified in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), trained in Cognitive Processing Therapy for PTSD (CPT-PTSD), and has over 14 years of experience working with children, teens, and adults who have survived trauma. She is a master trainer for the Michigan ACE Initiative and regularly provides trainings on the impact of trauma and ACEs.



Beginning skill level

Description: Adolescence is a time of developmental transition involving many internal and external changes. You will learn about "normal" adolescent development, identify current issues teens face, as well as how trauma and environmental factors impact this developmental transition time. From a trauma-informed lens, learn strategies to honor and empower the teens you serve. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.



How to register for webinar training:

For pricing, further details, and online registration, visit socialwork.msu.edu/ceu/catalog.php under Topics of Interest "Webinars" or search course number.

To ensure the best possible experience, we encourage you to review system requirements available at support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac. It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2020, renewed annually.

On-Demand Training Courses

Now offering FREE online courses! No registration required!

Online courses are recordings of live webinars and can be watched from the convenience of your home, office, or on the go! For each course, you will complete a pre-training evaluation and post-training evaluation. NO CONTINUING EDUCATION CLOCK HOURS (CECHs) are offered for the online courses, which are listed on pages 28–30. To improve your experience, we have created training categories including topics related to caregiving, children and families, substance abuse, supervision, trauma, and more. We offer trainings specific to caregivers, supervisors, and child welfare workers.

To view all course offerings, visit

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>

A few highlighted courses!

Connecting Brain and Behavior

This online course will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens.

Dissociative Coping in Traumatized Children

This online course will review the underlying risks leading to dissociative coping in children. Children exposed to traumatic events frequently rely on dissociative strategies to manage intolerable fear or pain. Younger children, in particular, may be vulnerable as their skills of managing stress are limited. Dissociative tendencies are easily misinterpreted by caregivers and professionals as intentional or characterological (i.e., “ignoring me” or “lazy”). Implications for assessing and treating traumatized children will be included.

When Addiction Trumps Relationships: Working with Mothers and Addiction

This online course will present information on the scope of the problem of mothers with substance use disorders and the impact of this problem on children. Common substances of abuse and their impact on biological and behavioral functioning will be discussed. You will learn the impact of addictive processes on the capacity for attachment among mothers with addiction and difficulties with emotion regulation and reward systems. A description of current practices with substance abusing mothers and their children will also be presented.

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Caregiver	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
Caregiver	204-18	Trauma-informed Caregiving (Part 3): Practical Parenting Strategies
Caregiver	208-18	Support Services for Transgender and Gender Non-Conforming Children & Families
Caregiver	217-18	Locating the Past & Building the Future
Caregiver	336-17	Caregiver: Advocating for My Child in the School System
Caregiver	354-17	Caregiver: Understanding the Role of Life Books for Youth in Care
Caregiver	372-17	Trauma-informed Caregiving (Part 1): Becoming Trauma-informed Parents.
Caregiver	381-17	Intergenerational Trauma & Our Work with Birth Parents: Understanding the Bridge to Success
TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	310-17	Finding and Utilizing Services for Adoptive Families
General/MDHHS	311-17	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
General/MDHHS	312-17	Suicide Assessment, Management, and Intervention
General/MDHHS	313-17	Safety Planning
General/MDHHS	314-17	Effective Courtroom Advocacy
General/MDHHS	315-17	Children of Parents with a Mental Illness
General/MDHHS	322-17	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
General/MDHHS	323-17	Supervision in Child Welfare: Strategies to Engage and Support Workers
General/MDHHS	324-17	Detection and Diagnosis of Substance Use Conditions
General/MDHHS	325-17	Working with Immigrant Children and Their Families
General/MDHHS	327-17	The Power of Peer Support for Foster and Adoptive Families
General/MDHHS	328-17	Creating Safety for Children
General/MDHHS	329-17	The Kinship Conundrum (and Ways to Address)
General/MDHHS	337-17	Supporting and Strengthening Early Relationships for Children in the Child Welfare System
General/MDHHS	340-17	Positive Parenting with Very Young Children
General/MDHHS	341-17	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care
General/MDHHS	346-17	When Addiction Trumps Relationship: Working with Mothers and Addiction
General/MDHHS	347-17	Working with Families Affected by Substance Abuse
General/MDHHS	348-17	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration
General/MDHHS	349-17	Extending the Welcome Mat to Our Newest Americans
General/MDHHS	350-17	Adoption as an Option for Older Youth

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	352-17	CBT for Social Anxiety in Children
General/MDHHS	355-17	Indicators and Trends of Domestic Violence and Intervention Services
General/MDHHS	356-17	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers
General/MDHHS	357-17	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression)
General/MDHHS	358-17	Through a Baby's Eyes: Foster Care, Parenting Time, and Transitions
General/MDHHS	359-17	The Healing Breath: Practicing Meditation and Self-care as a Child Welfare Professional
General/MDHHS	362-17	Your Role in Making Medicaid Happen
General/MDHHS	363-17	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
General/MDHHS	365-17	Dissociative Coping in Traumatized Children
General/MDHHS	371-17	Child Abuse and Neglect: The Signs, Symptoms, and Consequences
General/MDHHS	373-17	Fetal Alcohol Syndrome Disorder: What You Should Know
General/MDHHS	374-17	Father Involvement in Functional Family Formulations
General/MDHHS	376-17	Promoting Health and Wellness for Foster Youth
General/MDHHS	378-17	Teen Parents in Foster Care
General/MDHHS	382-17	Engagement, Readiness for Change, and Transition Planning
General/MDHHS	383-17	Youth Transitioning Out of Foster Care
General/MDHHS	384-17	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/ Dissolution
General/MDHHS	385-17	The Welfare of Children with Autism Spectrum Disorders and Their Families
General/MDHHS	386-17	Understanding and Supporting Adoptive Families
General/MDHHS	387-17	Accessing Special Education Supports for Children in Foster Care
General/MDHHS	388-17	Psychological and Emotional Trauma in Children and Its Impact on Adoption/ Foster Care and Family Development
General/MDHHS	390-17	Honoring and Empowering Adolescents
General/MDHHS	392-17	Having the Tough Conversations About Race with Your Clients
General/MDHHS	397	Beyond Breathing: Tools for Teaching Relaxation in Trauma Work
General/MDHHS	398	Rethinking Retention: A More Holistic Approach to Supporting Foster Parents
General/MDHHS	399	Changing Outcomes Through Resiliency
General/MDHHS	700	The Crossroads of Child Welfare and Human Trafficking
General/MDHHS	701	Preventing Further Harm: A Brief Overview of Trauma for the Child Welfare Profession
General/MDHHS	702	"I Love My Job": Supervision as a Tool for Preventing Burnout and Vicarious Trauma with Workers

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
General/MDHHS	201-18	Connecting Brain and Behavior
General/MDHHS	202-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
General/MDHHS	203-18	“Who Am I?” Fostering Identity Development With Foster and Adopted Youth
General/MDHHS	205-18	Why It’s Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy
General/MDHHS	206-18	Youth Aging Out of Foster Care: Body-based Practices to Promote Post-traumatic Growth
General/MDHHS	210-18	The Opioid Crisis in America: Identification and Treatment Strategies for Social Workers
General/MDHHS	213-18	Ending Zero Tolerance: What Child Welfare Workers Should Know
General/MDHHS	214-18	The Impact of Racial Bias on Traumatized Clients in Child Welfare
General/MDHHS	211-18	Integrating Mindfulness and Wellness for Stress Reduction
General/MDHHS	215-18	Trauma and Substance Use
TARGET AUDIENCE	COURSE #	TRAINING TITLE
Leadership	339-17	Principles of a Mobile Workforce
Leadership	361-17	Making the Case for Retention-focused Management
Leadership	216-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
Leadership	212-18	Engaging Older Youth in Permanency Planning: To be Adopted or Not to be Adopted?
Leadership	218-18	Principles of Staff Engagement
Leadership	220-18	Challenges in School (Part 1): Barriers for Children in Foster Care
Leadership	221-18	Challenges in School (Part 2): Strategies for Success
Leadership	200-19	The Matter of Motivation



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Registration for child welfare online courses is no longer required!

All child welfare online courses are available here:

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>.

Click on “Begin this course” under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.

Additional online trainings will become available soon!

Stay tuned, and check the website often!



Principles of Supervision with a Mobile Workforce #203-20



Date/time: Wednesday, February 12, 2020
Program 12:00 PM – 1:15 PM (ET)

Location: WEBINAR

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: Rosemary Jackson, LMSW

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify the impact of telecommuting on employee engagement.
- List two ways to support mobile staff through the supervisory process.

Description: Join us for this one-hour webinar that introduces the principles and concepts for supervising a mobile workforce. Learn about the impact of telecommuting on the supervisory experience. Get ideas about how to create a foundation for supervision that supports staff development with an emphasis on staff retention. This webinar will set the stage for further exploration of this topic in a follow-up three-hour face-to-face workshop that you will have the opportunity to register for once you have completed this webinar training. This training will utilize pre- and post-tests and visual displays.

Supervising a Mobile Workforce #601-20



Date/time: Friday, March 20, 2020
Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: VisTaTech Center, Schoolcraft College, 18600 Haggerty Road, Livonia, MI 48152

Social Work CECHs: 3 hours • Approval MICEC #0001

Presenter: Rosemary Jackson, LMSW

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Name three strategies designed to assist supervisors to engage workers, monitor their development, and increase job satisfaction based on phase of professional development.
- Implement strategies that instill a sense of mission and vision while setting goals and priorities with telecommuting staff.
- Establish guidelines with mobile workers that promote trust while tracking productivity.

Description: Join us for an experiential workshop that presents strategies designed to support telecommuting staff based on their phase of professional development. If you want to learn how to support the development, engagement, and satisfaction of your staff that spend less and less time in the office, you will want to attend this workshop. Discussions will include measures to support your staff with an eye on retention, a challenge with staff whose jobs routinely expose them to secondary trauma. Come to this training to learn how to balance your supervision to include an emphasis on mission and value while tracking productivity. Creating trust long distance will be a focus as will learning how to provide oversight with connection to avoid the urge to over control with staff that are not in the office every day. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.

For in-person training registration, see page 15.

For webinar registration, see page 26.



Supervisory Toolkit for Managing Secondary Trauma and Workplace Stress #602-20

Date/time: Friday, April 24, 2020

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: WMU Beltline Conference Center

2333 E. Beltline Avenue SE, Grand Rapids, MI 49546

Social Work CECHs: 3 hours • Approval MICEC #0001

Presenter: Cheryl Williams-Hecksel, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors

Training objectives: As a result of this training, participants will be prepared to:

- Identify two tools that can be used to assess workers' experience with secondary trauma and workplace stress.
- Explore and apply employee engagement strategies that can be used to engage workers in a reflective and supportive supervisory relationship.
- Develop an implementation plan for supervisor strategies that promote resilience with individual workers and teams.

Description: Child welfare supervisors can have significant impact on reducing and mitigating the level of stress their workers experience. A number of strategies and tools have proven effective. This training will explore the application of a range of supervisory interventions and tools that promote resilience and retention in child welfare staff. Strategies for engaging workers, assessing and understanding specific worker stressors, intervening at the organizational, team, and individual worker level will be disseminated. Supervisor self-assessment and reflection, key ingredients for assuring that these interventions are effective, will be a focus of discussion. This training will utilize role playing, exercises, small and large group discussions, and visual displays.



Attention workers: Please share these free training opportunities with families!

Fetal Alcohol Spectrum Disorders: Creating Family Knowledge of One of the Most Common Neurodevelopmental Disorders in Society #212-20

Date/time: Wednesday, April 1, 2020 • 12:00 PM – 1:15 PM (ET)

Location: WEBINAR

Social Work CECHs: 1.25 hours • Approval MICEC #0001

Presenter: Emily Rusnak, PhD, CCC-SLP

Beginning skill level

Target audience: Caregivers

Training objectives: As a result of this training, participants will be prepared to:

- Define and describe fetal alcohol spectrum disorders, including areas of development across childhood impacted by prenatal alcohol exposure.
- Describe the range of secondary conditions that can manifest across development due to a lack of appropriate caregiver and practitioner knowledge in FASD.

Description: Fetal alcohol spectrum disorders (FASD) are common in society, yet few know about the disorder or understand the implications of having this disorder in early childhood environments. As a result, children and adults with an FASD often go undiagnosed, and treatment services applied are ineffective for managing their condition. In this introductory training, we will explore the basics of FASD, including prevalence, common symptoms/signs of the disorder, diagnostic/evaluation and treatment options, and why we have so many with the disorder but so few diagnosed. This training will cover primary disabilities associated with FASD, including issues with speech-language skills, emotional and state regulation, cognition, social skills, and other related developmental issues. We will also discuss the secondary conditions that can develop when FASD is not properly diagnosed or ineffectively treated/misunderstood, which include issues like mental health needs, disrupted school experiences, involvement with the criminal justice system, and difficulties living independently as an adult. This training will utilize exercises and visual displays.

Learning to Apply Best Practices in Fetal Alcohol Spectrum Disorders #213-20

Date/time: Wednesday, April 8, 2020 • 12:00 PM – 1:15 PM (ET)

Location: WEBINAR

Social Work CECHs: 1.25 hours • Approval MICEC #0001

Presenter: Emily Rusnak, PhD, CCC-SLP

Beginning and intermediate skill levels

Target audience: Caregivers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the development of a neurodevelopmental profile to support implementation of FASD-informed practices.
- Describe a range of strategies and intervention models used to address the neurobehavioral features of FASD in children and adults.

Description: Parents of children with Fetal Alcohol Spectrum Disorder (FASD) face challenges with knowing how to help their child and how best to advocate for their child's needs in the home, school, and community. The field of FASD has developed a range of best practices to help families and practitioners grapple with the neurobehavioral effects of prenatal alcohol exposure. Participants will learn about a neurobehavioral approach to FASD, which is designed to help families understand the neurodevelopmental features of the child's disorder and ways to mitigate and prevent issues from emerging through understanding a "goodness of fit" model of development. We will cover basics of the approach, case examples, and practical strategies and available interventions using this framework to address a range of needs that arise across childhood. This training will utilize exercises and visual displays.

To register for these Caregiver webinars, please complete the form on page 34.
You may mail or email your registration per the instructions included on the form.



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REGISTER FOR Caregiver Training

To ensure the best possible experience, we encourage you to review system requirements available at support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac. It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

2 EASY WAYS TO REGISTER FOR CAREGIVER TRAINING

SIGN UP NOW!

Seating is limited
for all classes.



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Complete this form and mail to:
MSU–Social Work Continuing Education
Baker Hall
655 Auditorium Road, Room 2
East Lansing, MI 48824



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MAIL AND EMAIL REGISTRATION CHECKLIST:

- Fill in name, address, email, and accommodations request below.
- Select classes:
 - Rearing Resilience: Strategies for Parenting Children with Attachment Trauma:**
 - Wednesday, April 1, 2020: **Fetal Alcohol Spectrum Disorders: Creating Family Knowledge of One of the Most Common Neurodevelopmental Disorders in Society** #212-20
 - Wednesday, April 8, 2020: **Learning to Apply Best Practices in Fetal Alcohol Spectrum Disorders** #213-20
- Submit this form by mail or email listed above.

Confirmations, including directions will be sent via email only, one week prior to the event for which you have registered.

PLEASE PRINT CLEARLY

Name: _____

Home address: _____

City: _____ State: _____ Zip: _____

Daytime phone: _____ Email: _____

Accommodations: _____

Please check if your information has changed since your last registration with us!

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
January 2020	Working Within Michigan's Family Division Court System	Wednesday, January 22 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	22
	Trauma and Substance Use: Toward a Trauma-informed Recovery Model for Substance Use Disorders	Thursday, January 23 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	22
February 2020	The Case for Committing to Inclusive Practices in Child Welfare	Thursday, February 6 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	23
	High School to Post-Secondary Education for At-Risk Students	Friday, February 7 9:00 AM - 4:00 PM	EMU Halle Library Ypsilanti	Eastern Michigan University	8
	Principles of Supervision with a Mobile Workforce	Wednesday, February 12 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	31
March 2020	Making Trauma Informed Placement Decisions	Thursday, March 5 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	23
	Trauma Stewardship and Living Self-care	Thursday, March 12 12:30 PM - 3:45 PM	WMU College of Health and Human Services, Kalamazoo	Western Michigan University	20
	Understanding and Supporting LGBTQ Adoptive and Foster Families	Friday, March 13 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	12
	Working with Parents Coping with Mental Illness	Friday, March 20 9:00 AM - 12:15 PM	Andrews University Berrien Springs	Andrews University	5
	Understanding Human Sexuality and Gender Expression: Impacts for Youth in the Child Welfare System	Friday, March 20 8:45 AM - 12:00 PM	WMU College of Health and Human Services, Kalamazoo	Western Michigan University	20
	Supervising a Mobile Workforce	Friday, March 20 9:00 AM - 12:15 PM	VisTaTech Center, Schoolcraft College Livonia	Michigan State University	31
	Human Trafficking for Child Welfare Professionals	Tuesday, March 24 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	23
April 2020	Fetal Alcohol Spectrum Disorders: Creating Family Knowledge of One of the Most Common Neurodevelopmental Disorders in Society	Wednesday, April 1 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	33
	Effective Supervision and Mentoring	Friday, April 3 9:00 AM - 12:15 PM	Andrews University Berrien Springs	Andrews University	5
	Learning to Apply Best Practices in Fetal Alcohol Spectrum Disorders	Wednesday, April 8 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	33
	Working with Parents Coping with Mental Illness	Friday, April 10 2:00 PM - 5:15 PM	U-M School of Social Work, Ann Arbor	University of Michigan	18
	Advocating for Children Within the K-12 Educational System	Friday, April 17 1:00 PM - 4:15 PM	Ferris State University Big Rapids	Ferris State University	10
	Infants and Young Children in Foster Care: Attending to Infant and Early Childhood Mental Health	Thursday, April 23 9:00 AM - 12:15 PM	The MTG Space Lansing	Michigan State University	14
	Helping Families of Children with Disabilities	Friday, April 24 9:15 AM - 12:30 PM	Ferris State University Big Rapids	Ferris State University	10
	Grief and Loss in Foster Care: How to Support Children and Families	Friday, April 24 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	24
	Supervisory Toolkit for Managing Secondary Trauma and Workplace Stress	Friday, April 24 9:00 AM - 12:15 PM	WMU Beltline Conference Center Grand Rapids	Michigan State University	32
	Multisystemic Therapy: An Overview	Wednesday, April 29 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	24

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
May 2020	Grandparents as Caregivers	Friday, May 1 9:00 AM - 12:15 PM	EMU, Halle Library Ypsilanti	Eastern Michigan University	8
	MiTEAM Principles: Effective Supervision and Mentoring	Friday, May 1 9:00 AM - 12:15 PM	Otsego DHHS Gaylord	Spring Arbor University	16
	Mindfulness, Wellness, and Creative Self-care for the Helping Professional	Friday, May 8 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	24
	When Self-care Isn't Enough: Restorative Care	Friday, May 15 9:00 AM - 12:15 PM	U-M School of Social Work, Ann Arbor	University of Michigan	18
	Connecting Brain and Behavior	Tuesday, May 19 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	25
	Kinship Care Families: Recognizing Unique Strengths and Meeting Relevant Needs	Wednesday, May 20 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	12
	Strategies for Supporting Youth Who Are Coming Out As Transgender	Thursday, May 21 1:00 PM - 4:15 PM	University Center Traverse City	Ferris State University	11
	What's Bias Got to Do With It? Toward an Understanding of Cultural Humility, Cultural Competence, and Personal Bias	Friday, May 29 9:00 AM - 12:15 PM	Andrews University Berrien Springs	Andrews University	6
June 2020	An Introduction to Motivational Interviewing	Tuesday, June 2 9:00 AM - 10:15 AM (ET)	WEBINAR	Michigan State University	25
	Trauma, Crisis Management, and Working with Kids in Care	Wednesday, June 3 9:00 AM - 12:15 PM	University Center Traverse City	Ferris State University	11
	When the Going Gets Hard: Building Attachment and Bonding While Preventing Disruption and Dissolution	Wednesday, June 3 9:00 AM - 12:15 PM	Spring Arbor University Grand Rapids	Spring Arbor University	16
	Cultural Humility: Understanding and Supporting Minority and Youth Populations	Thursday, June 4 12:30 PM - 3:45 PM	WMU College of Health and Human Services, Kalamazoo	Western Michigan University	21
	Understanding Secondary Trauma and the Importance of Professional Self-care	Thursday, June 18 9:00 AM - 12:15 PM	The MTG Space Lansing	Michigan State University	14
	Mirror, Mirror on the Wall, Who Is the Most Biased of Them All: Values of a Social Worker	Friday, June 19 9:00 AM - 12:15 PM	U-M School of Social Work, Ann Arbor	University of Michigan	19
	How to Advocate for Families and Services to Facilitate Recovery	Friday, June 26 9:00 AM - 12:15 PM	Andrews University Berrien Springs	Andrews University	6
July 2020	Supporting Children with Chronic Pain	Friday, July 17 9:00 AM - 12:15 PM	EMU, Halle Library Ypsilanti	Eastern Michigan University	9
	Fostering Recovery with Clients Struggling with Substance Use	Friday, July 24 8:00 AM - 11:15 AM	Great Wolf Lodge Traverse City	Michigan State University	15
	Beyond "No Means No": Teaching Families About Body Safety and Consent	Friday, July 24 12:30 PM - 3:45 PM	Great Wolf Lodge Traverse City	Michigan State University	15
August 2020	Child Welfare Workers: The Ethical Obligation and Opportunities to Advocate for Social Justice	Wednesday, August 5 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	25
	How Can We Help? Addressing the Emotional and Mental Health Concerns of Children and Youth	Monday, August 10 9:00 AM - 12:15 PM	Delta County DHHS Escanaba	Spring Arbor University	17
	Child Sexual Abuse Awareness, Prevention, Investigation, and Treatment Education	Friday, August 28 9:00 AM - 12:15 PM	Children's Advocacy Center of Southwest Michigan, St. Joseph	Andrews University	7
	Parent-Child Interaction Therapy: A Transdiagnostic Model to Reduce Toxic Stress in Young Children	Friday, August 28 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	26

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
September 2020	LGBTQIA+ Youth in Foster Care: Recognizing, Responding, and Managing Emotional Pain	Friday, September 11 9:00 AM - 12:15 PM	U-M School of Social Work, Ann Arbor	University of Michigan	19
	Honoring and Empowering Adolescents	Wednesday, September 16 10:00 AM - 11:15 AM (ET)	WEBINAR	Michigan State University	26
	Suicide Prevention Tools: QPR, C-SSRS, and Safety Plans	Friday, September 18 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	13

Additional trainings
and exciting new
topics coming
in fall 2020



School of Social Work
MICHIGAN STATE UNIVERSITY

Continuing Education
MSU School of Social Work
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