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*NOW available
free of charge to
family preservation
workers and
supervisors of
MDHHS-contracted
private agencies!*

*All trainings
in this catalog
are offered
online!*

2020-2021 Child Welfare In-Service Training

for the
Michigan Department of Health and Human Services
and MDHHS-Contracted Private Agencies

Delivered by
Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



School of Social Work
MICHIGAN STATE UNIVERSITY



SCHOOL OF SOCIAL WORK
CONTINUING EDUCATION
UNIVERSITY OF MICHIGAN



SPRING ARBOR
UNIVERSITY

WESTERN MICHIGAN
UNIVERSITY



SCHOOL OF SOCIAL WORK

*ALL trainings
in this catalog
are approved
by the MDHHS for
in-service
training hours*

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Schools of Social Work

Andrews University
Eastern Michigan University
Ferris State University
Grand Valley State University
Michigan State University
Spring Arbor University
University of Michigan
Western Michigan University

Introduction

Working effectively as a child welfare or family preservation worker or supervisor can be challenging. Keeping families safely together, reuniting families, or supporting new loving families requires a well-trained family preservation and child welfare workforce. A professional needs to have extensive knowledge about child development, family dynamics, culture and community, trauma, evidence-based or promising approaches to helping children and families, and so much more. In addition to knowledge, multiple skills are required to assure child safety, promote permanency planning, and support the well-being of children and families. Gaining this knowledge and skills requires both initial professional education and training as well as an ongoing commitment to learning and improving. This is important work as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families.

That is why we are pleased to present this in-service training catalog—the product of a dynamic partnership among eight Michigan schools of social work with MSW programs and the Michigan Department of Health and Human Services

(MDHHS). We appreciate the commitment and support of MDHHS Director Robert Gordon and his Children’s Services Agency leadership team: JooYeun Chang and Stacie Bladen. A special thanks to training team leaders Stacie Gibson, Laura Schneider, and Kimberly Reese for their partnership.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge for family preservation and child welfare workers and supervisors. Multiple human service and educational professionals who also serve the families involved with the child welfare system may find the trainings of interest; many of the training topics will have applicability beyond child welfare practice. Each training is or will be approved for social work continuing education credit hours.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor
Kadi M. Prout, LMSW, In-Service Project Coordinator
MSU School of Social Work

“Child welfare isn’t rocket science. It is harder.”

—David Liederman, former director of the
Child Welfare League of America

These child welfare trainings are offered **FREE OF CHARGE** for MDHHS child welfare and family preservation workers and supervisors and MDHHS-contracted private agencies’ child welfare and family preservation workers and supervisors on a **FIRST COME, FIRST SERVE BASIS.**

◆ ◆ ◆ ◆ ◆
REGISTRATION for each training will close once the **35-person capacity** has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

◆ ◆ ◆ ◆ ◆

This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

FAQs

1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete? All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

2 How do I record these in-service training hours to show that I am meeting this requirement? Add the training to the Michigan Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

3 I see that each training in this catalog has a curriculum reference. What does this mean? Child welfare and family preservation workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the field. A worker should have the opportunity to sit down with her/his supervisor regularly to assess which trainings would be most beneficial and most relevant to her/his caseload so that training progress is pre-planned and helps the worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.

4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)? In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

5 Is it true, I can attend any in-service training listed in this catalog for FREE?! Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare and family preservation workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog,
webinars are offered through Michigan State University.

See pages 15-19.



School of Social Work
MICHIGAN STATE UNIVERSITY

Trauma Informed Service Planning for Resilience in Changing Times

Curriculum: MiTEAM Principles (Teaming, Engagement, Assessment and Mentoring): Effective service planning strategies

Date/time: Wednesday, December 9, 2020 • 1:45 PM – 5:00 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$45 all others; \$15 for students

Presenter: Ingrid Slikkers, LCSW, LMSW, CCTP
Charity Garcia, PhD

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Further understand the role of resiliency and its importance in trauma-informed care.
- Identify intentional service planning from a trauma perspective.
- Gain practical skills for adaptive service delivery and advocacy.

Description: What is all the commotion about resiliency and why is it important? Does it apply to service delivery? Come further develop your understanding of resilience, and learn practical ways to notice and implement strategies in a world stricken by COVID and systemic issues. Our team of presenters will share information from a clinical, educational, and personal perspective regarding the care of children and those around them. This training will utilize exercises, small and large group discussion, and visual displays.

Trauma Awareness and Intervention: Healing Hands in Our Black Communities

Curriculum: Cultural humility/cultural competence: Race equity and systematic racism

Date/time: Friday, February 5, 2021 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$45 all others; \$15 for students

Presenter: Jasmine Wilson, LLMSW, CCTS-I

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the historical, current, and reoccurring trauma that faces the black community.
- Create and navigate safe, open, and healing discussions about racial tension, biases, fears, and other critical attitudes.
- Identify patterns of trauma and utilize tools that will aid in connecting with and healing this community.

Description: As recent events have sparked exciting conversations surrounding the racial tension in our ever-evolving country, we prepare to dive even deeper into this realm of "trauma-informed care." This training will provide additional insight into the trauma that uniquely faces the black community and the way in which diverse helping professionals of every racial background can aid in providing much needed healing. This training will utilize exercises, games, small group discussion, and visual displays.

How to register: Go to www.andrews.edu/cas/socialwork/continuing and click on the link provided.

Contact: Shelley Kennedy
Phone: 559-560-8090

Email: swceu@andrews.edu
Website: www.andrews.edu/socialwork

Level Up Your Self-care: Beyond the Basics

Curriculum: Secondary trauma: Self-care for workers; combat burnout and manage stress

Date/time: Friday, October 16, 2020 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Cölleen O'Brien, LMSW, MSW
Rhonda Bantsimba, LMSW, MSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Assess their current level of self-care and key barriers to maintaining it.
- Identify the ways that self-care impacts their productivity at work and outside of work.
- Identify at least two new methods for self-care that can be immediately implemented into their weekly routine.

Description: Self-care is often talked about, integral to our work in the field, and yet challenging to prioritize. Our training will go beyond the basics and create opportunities to examine barriers to this best practice. Participants will explore how self-care directly impacts their performance, professional goals, and life outside of work. We will work to identify creative and sustainable methods for supporting child welfare workers as they do their uniquely challenging job. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

Who Am I? Fostering Identity Development and Resilience in Youth

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth; health and wellness needs of youth in foster care

Date/time: Friday, November 13, 2020 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Tana Bridge, PhD, LMSW, ACTP, CCFP



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the unique cognitive and developmental stages and challenges for teens.
- Explore the challenges in fostering a healthy sense of self and identity for vulnerable youth.
- Identify critical identity challenges associate with traumatic loss and ambiguous loss.
- Recognize the professional's role in fostering resilience in youth.
- Explore opportunities to foster healthy identity development.

Description: A critical developmental task for youth is identity development. Lived experiences and losses often create ambiguity and uncertainty leading to grief, loss of self-esteem, and personal challenges. This training will explore this critical stage of life and identify opportunities to foster youth identity and resilience. Challenges and opportunities for vulnerable youth including those who have experienced trauma, foster and adopted youth, those raised by caregivers struggling with substance use disorder, mental illness, etc., will be explored. This training will utilize small and large group discussions and visual displays.

Vicarious Trauma: Managing Stress and Prioritizing Wellness

Curriculum: Secondary trauma: Witnessing trauma in the workplace; compassion fatigue and how to recognize it

Date/time: Friday, January 15, 2021 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Tana Bridge, PhD, LMSW, ACTP, CCFP



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Recognize the unique risk for child welfare workers.
- Increase understanding of the biology of stress.
- Recognize indicators of emotional pain/stress and signs of impairment.
- Develop skills in addressing stress and emotional pain.

Description: It is understood that vicarious trauma is an occupational hazard that often leads to lack of job satisfaction, job productivity, and negative outcomes for both workers and agencies. Child welfare professionals are at increased risk for vicarious trauma and yet the impact of exposures is often not recognized. In this training, participants will gain understanding of the symptoms and impacts of vicarious trauma. This training will explore the unique nature of the job, the biology of stress, and opportunities to manage these challenges. This training will utilize small and large group discussions and visual displays.

How to register: Visit <https://www.emich.edu/chhs/sw/activities/index.php>

Phone: 734-487-0367

Email: emusocialworkce@emich.edu

Promoting Resilience in Vulnerable Youth Using the Nurtured Heart Approach®

Curriculum: Trauma and crisis management: Effects of abuse and neglect on children

Date/time: Friday, October 16, 2020 • 8:45 AM – 12:00 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Lisa Dykstra, LMSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define the three stands of NHA.
- Define "upside down energy."
- Name four types of recognitions.

Description: The Nurtured Heart Approach® (NHA) allows child welfare workers to build resiliency in our most vulnerable youth. Originally developed for intense children in residential treatment, NHA was soon to be found as most successful when used with all children. Its foundation is built on the heart of relationships and can be employed by anyone at any time. Children who are at-risk or have experienced abuse or neglect often have a negative narrative running in their head about their worth, which impacts their ability to trust adults and ultimately results in challenging behaviors. NHA is based on three simple yet powerful stands that work best in concert together to break through those false narratives and build a child's inner wealth while promoting resiliency. Your heart will be transformed and ready to ignite greatness with the children and families you support after attending this three-hour live virtual training. This training will utilize exercises, small and large group discussions, and visual displays.

Emotional and Behavioral Dysregulation in Children: A Neuropsychological Perspective

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth

Date/time: Friday, December 11, 2020 • 12:45 PM – 4:00 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Diana Osipov, LMSW



Intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify the various functional capacities of cognitive, social, and emotional development.
- Obtain a better understanding of various regions, and corresponding functions, of the brain.
- Differentiate between emotional and behavioral dysregulation and presentation.

Description: This training will explore emotional and behavioral dysregulation in children from a developmental model, examining the neuropsychological aspects of development and resulting emotional and behavioral pediatric disorders. This training will utilize small and large group discussions and visual displays.

Higher Education: Is It for Everyone?

Curriculum: Education issues: Navigating higher education with youth

Date/time: Friday, January 29, 2021 • 8:45 AM – 12:00 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Jessica Campbell, LMSW



Beginning skill level

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand foster care/homelessness campus-based programs.
- Discuss exposure gaps and college readiness for youth.
- Discuss the concept of family privilege.

Description: This training will take a close look at what it takes for students to successfully transition into college. We will examine potential roadblocks, discuss transitioning without family/friend support, and identify ways to increase student success in the college environment. This training will utilize large group discussion and visual displays.

How to register: Visit www.gvsu.edu/swce

Contact: Leslie Bateman

Phone: 616-331-6522

Email: socialworkce@gvsu.edu



Gender Affirming Care for Transgender Youth #221-20

Curriculum: Cultural humility/cultural competence

Date/time: Thursday, November 12, 2020

Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Susan Radzilowski, MSW, LMSW, ACSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Be aware of three risk factors impacting transgender children and adolescents at home, school, and in the community.
- Identify three protective factors that positively impact outcomes for transgender clients.
- Identify three intervention strategies used to support the mental health of child and teens who identify as TGNC.
- Utilize three strategies to assist parents (including foster parents and adoptive parents) to support their children in their authentic gender identity.

Description: This training will address a working definition of terms, including Transgender, Gender Identity, Gender Expression, Intersex, Gender Nonconforming, Non-binary, Intersex, and Gender Transition. Language and terminology will be examined with emphasis on using affirming language and avoiding offensive terminology. The training will examine risk factors and protective factors that impact transgender youth from a solution-focused lens. Family relationship dynamics will be explored with attention paid to foster and adoptive families as well as birth families. Strategies to increase parent support will be explored with an emphasis on increasing parental capacity to support the transgender youth. Specific concerns that apply to transgender and gender nonconforming (TGNC) children younger than age 13 will be addressed. The training will also provide a brief overview of gender transition process: legal, social, and medical. This training will utilize exercises, small and large group discussions, and visual displays.

Beyond “No Means No”: Teaching Families About Body Safety and Consent #222-20

Curriculum: Trauma and crisis management

Date/time: Friday, December 4, 2020

Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Amanda Dubey-Zerka, LMSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Describe ways to teach children/caregivers about appropriate and inappropriate touch.
- Describe ways to teach children/caregivers about boundaries, safety, and consent.
- Define normal sexual development.

Description: It is never too early to teach children and teens about body safety and consent as a tool to prevent sexual abuse/assault. This training will teach you techniques to talk to families about body safety (appropriate and inappropriate touching, names for body parts, boundaries). Content will include videos, songs, and resources to implement right away. Sexual abuse is prevalent, with one in ten children experiencing sexual abuse before the age of 18. Let's work together to reduce this number. Normal sexual development will also be discussed. This training will utilize exercises, small and large group discussions, and visual displays.



Human Trafficking for Child Welfare Professionals #223-20

Curriculum: Trauma and crisis management

Date/time: Monday and Tuesday, December 14 and 15, 2020
Program 10:00 AM – 11:30 AM (ET) both days

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Danielle Kalil, JD



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Define human trafficking and deconstruct myths regarding human trafficking.
- Assess for human trafficking and better understand risk factors for youth.
- Identify Michigan laws as well as MDHHS policy and procedures related to child victims of trafficking.
- Connect youth with important resources and understand legal remedies.

Description: Human trafficking involves exploiting an individual to obtain labor or services, often through the use of force, fraud, or coercion. In this training you will learn precisely what human trafficking is (and what it is not) and how to identify it. In particular, you will learn how human trafficking impacts youth as well as specific considerations when working with minors who have experienced exploitation. The discussion will include how to assess for human trafficking, MDHHS policies and procedures regarding child victims of human trafficking, specific Michigan laws related to trafficking of minors, and important immigration considerations. This training will utilize small and large group discussions, visual displays, incorporate participant feedback, and allow time for questions and answers.



How to register for in-person training:

Online at <https://socialwork.msu.edu/ce/>

Contact: Ryan Hasselbach
Phone: 517-353-3060
Email: swkce@msu.edu

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2020, renewed annually.

How to Help the Helpers: Trauma Informed Supervision

Curriculum: MiTEAM Principles (Teaming, Engagement, Assessment and Mentoring):
Effective supervision and mentoring



Date/time: Friday, November 13, 2020 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Hollie Nash, LMSW**

Intermediate and advanced skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify the need for positive and effective supervision.
- Identify ways to help support staff in a trauma-informed way.
- Provide constructive feedback in a team-oriented way to staff in order to best serve clients.

Description: This training will teach lead caseworkers and supervisors how to effectively use supervision. It will review techniques to help not only guide staff on their cases, but ensure that the information and feedback is being presented in a trauma-informed way in order to reduce levels of secondary trauma. This training will utilize exercises, games, small and large group discussions, and visual displays.

From Infancy To Adulthood: How Early Relationships Impact Mental and Emotional Health

Curriculum: Mental and behavioral health



Date/time: Wednesday, December 2, 2020 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Rebecca Rozema, LMSW, ACSW**

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe long-term impacts of secure and insecure infant attachment cycles.
- Identify three emotional and mental health needs of youth.
- Verbalize two suicide prevention strategies.

Description: In the field of child welfare, youth who are being served often have significant mental health and behavioral difficulties. These difficulties can be overwhelming to the youth and the families caring for them. At times these difficulties, may lead youth to have thoughts of suicide. Understanding these difficulties, potential causes, and support options can help families be successful. This training is meant to help workers understand how early attachment patterns can impact individuals through their lifetime, recognize the emotional and mental health needs of youth, and be able to identify suicide risk factors. Prevention strategies and treatment options will also be explored. The training will include hands on activities and exercises that help the worker to understand concepts being taught. This training will utilize small and large group discussions.

How to register: <https://www.eventbrite.com/e/how-to-help-the-helpers-trauma-informed-supervision-tickets-114665726274>

<https://www.eventbrite.com/e/from-infancy-to-adulthood-tickets-114666310020>

Questions: Contact Emily Dixon, LMSW

Phone: 616-558-9618

Email: edixon@arbor.edu

Our New Legal Substances: Opioids and Cannabis

Curriculum: Substance abuse: Sharpening assessment skills, and how to recognize signs/symptoms; providing support to families struggling with addiction; how to advocate for families and services to facilitate recovery.

Date/time: **Friday, October 23 2020** • Program 9:30 AM – 12:30 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Jennifer Harrison, PhD, LMSW, CAADC**

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the history of substance use disorder care in the U.S. over the last 100 years and how that affects treatment systems today.
- Assess risk for opioid and cannabis use disorders with clients.
- Be aware of the trends related to prescription and illegal opioid use and the risks of overdose death.
- Rehearse ways to reduce harm for individuals at early stage readiness substance use needs.

Description: Child welfare services for individuals with substance use needs is demanding. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. Add to this, the opioid crisis in the United States. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999 to 2018, more than 360,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. Cannabis is now available for recreational use in 11 states, including Michigan, and available for medical use in a total of 33 states. This training will provide assessment and intervention strategies for working with families with cannabis and opioid use. Finally, race and socio-economic status and their relationship with our understanding of substances are discussed. This training will use exercises and small and large group discussions.

Parent/Child Visits: Making the Time Better Than Time Spent!

Curriculum: Permanency

Date/time: **Friday, November 13, 2020** • Program 12:30 PM – 3:45 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Connie Black-Pond, MA, LMSW, LPC**

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers



Training objectives: As a result of this training, participants will be prepared to:

- Increase positive strategies for effectively engaging with birth parents.
- Increase strategies for child/parent visitations that enhance positive parenting, including virtual activities.
- Increase positive strategies for child/parent visitations that enhance attachment and bonding, including virtual activities.

Description: This training will offer child welfare strategies that increase opportunities for positive engagement with parents, as well as create positive opportunities during visits that foster positive parenting skills, positive attachment, and bonding. This training will use exercises, small and large group discussions, and visual displays.

Using Mindfulness to Prevent Secondary Traumatic Stress Among Helping Professionals

Curriculum: Secondary trauma

Date/time: **Thursday, December 10, and Thursday, December 17, 2020**
Program 10:30 AM – 12:00 PM (ET) both days

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Yvonne Unrau, PhD, LMSW**



Beginning skill level

Target audience:

- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**
- ✓ **Family Preservation Workers**

Training objectives: As a result of this training, participants will be prepared to:

- Define key concepts including mindfulness, secondary trauma, well-being, and self-care.
- Know the difference between cognitive and somatic tools of mindfulness.
- List key symptoms of stress and the signs of well-being in the body.

Description: This training will focus on pragmatic strategies to build, strengthen, and sustain well-being among helping professionals working in child welfare and mental health programs. Research-supported mindfulness-centered practices that reduce stress and increase well-being will be presented and demonstrated. Participants will gain practical knowledge and skills through experiential learning that is designed to both aid stress reduction and promote well-being in an effort to support optimal professional growth and practice. This training will use exercises, small and large group discussions, and visual displays.

How to register: Visit <https://wmich.edu/hhs/academics/continuing-ed>

Contact: Alicia Dorr
Phone: 269-387-2638
Email: alicia.dorr@wmich.edu



Michigan State University School of Social Work Continuing Education offers live webinars!

Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be able to download and print a certificate! Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

Beginning and intermediate skill levels
Target audience:
✓ Children's Protective Services Workers
✓ Foster Care Workers
✓ Adoption Workers
✓ Family Preservation Workers

Youth Aging Out of Foster Care: Body-based Practices to Promote Post-traumatic Growth #224-20

Date/time: Wednesday, October 5, 2020

Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Yvonne Unrau, PhD, LMSW**, is professor of social work and director of the Center for Fostering Success at Western Michigan University. She earned her PhD in social work from the University of Utah. She is a licensed social worker (clinical and macro), a registered yoga teacher, and a certified teacher of Integrative Restoration Yoga Nidra.



Beginning skill level for Foster Care Workers

Description: This webinar will focus on pragmatic strategies to aid professionals who are working with adolescents and young adults aging out of foster care. Research-supported mindfulness-centered and body sensory practices to promote self-inquiry will be presented and demonstrated. You will learn to differentiate cognitive and somatic interventions for helping young people to both cope with and transform difficult emotions stemming from traumatic stress. An introduction to practical knowledge and skills to aid young people with stress recognition, emotional processing, and post-traumatic growth. This webinar will utilize large group discussion and visual displays; incorporate participant feedback; and allow time for questions and answers.

Play It Again SAM (Sneaky Addictive Mind) #225-20

Date/time: Monday, October 19, 2020 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Tom Moore, LMSW, LLP, CAADC, CCS**, founded Two Moons LLC in 2014, providing consultation, training, and supervision. Moore has master's degrees in education and psychology. He has been a Western Michigan University instructor since 1986.



Intermediate skill levels

Description: When addressing parental substance misuse, multiple factors complicate assessment and evaluation. Determining risk to children, impact on the family unit, as well as need for formal treatment process necessitate a firm grasp on the etiology of substance problems, comorbidity of trauma, and effective community resources. Given the intergenerational nature of trauma and substance misuse, this webinar will draw on two integrated service approaches designed to address stigma, misconceptions about trauma and substance misuse, and indicated treatment regimens. This webinar will utilize exercises, large group discussion, and visual displays; incorporate participant feedback; and allow time for questions and answers.

For webinar registration, see page 19.



An Introduction to Motivational Interviewing #226-20

Date/time: Monday, October 26, 2020 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Michael Reiffer, LMSW**, is the clinic manager for the Pine Rest Southwest Clinic and is an outpatient psychotherapist. He graduated from Calvin College with a BA in psychology and earned his MSW from Western Michigan University. Reiffer is a clinical social worker licensed by the State of Michigan and has over 19 years of experience. Has advanced training in motivational interviewing therapy (and is a trained trainer) and training in eye movement desensitization and reprocessing (EMDR), parts I and II. Reiffer is a skilled and engaging presenter who leads workshops on a variety of topics for companies and churches in the community.



Beginning skill level

Description: Motivational Interviewing is a counseling method that helps clients to resolve ambivalent feelings and insecurities to find the internal motivation they need to change their behavior. The overall principles and strategies will be presented. This webinar will utilize large group discussion, visual displays; incorporate participant feedback; and allow time for questions and answers.

Mindfulness, Wellness, and Creative Self-care for the Helping Professional #227-20

Date/time: Monday, November 9, 2020

Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Stephanie McCann, LMSW**, is in her element when she is helping another become their most authentic and healthy self. This is her purpose. She has been contributing to the field of Social Work since 2009 when she graduated with her MSW from Michigan State University. With a passion for clinical social work with children and families, McCann's career has focused on child welfare, trauma-informed practice, foster and adoptive parent recruitment and retention, and the importance of mindful self-care and the helping profession. As the academic recruitment specialist at Michigan State University, she is responsible for recruitment planning for BASW and MSW programs and is a clinical instructor.



Beginning skill level

Description: This webinar seeks to prepare participants to understand secondary traumatic stress exposure in the workplace and the conditions that may expose helping professionals to secondary traumatic stress and allow participants the space to assess their exposure to workplace conditions that may impact their mental health, wellness, and self-care practices with mindful awareness. Participants will be able to identify supports and resources to improve their holistic functioning as well as utilize self-assessment tools for reflection. This training seeks to impact the awareness of and need for stress management and focus on self-care. The practice of mindfulness will be explored as a tool to increase the helping professional's awareness and peace during time of stress. This webinar will utilize large group discussion and visual displays; incorporate participant feedback; and allow time for questions and answers.

For webinar registration, see page 19.



Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth #231-20

Date/time: Monday, November 16, 2020

Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Kelley Blanck, LMSW**, is a clinical instructor at MSU School of Social Work.



Beginning skill level

Description: In Michigan, over 28% of children under the age of 17 have experienced two or more adverse childhood experiences, well above the national average. Adverse childhood experiences include verbal, psychological, physical, or sexual abuse (witness or victim), among other somewhat complex traumatic events (ACES Study, 2011). These traumatic experiences can greatly affect how children view and cope with life. Complexly traumatized children often behave in ways that seem random, unpredictable, withdrawn and extreme, struggling with impulse control and being able to think through consequences (NCTSN, 2017). Research and practice are now opening our eyes to the significant relationship between behavior and Trauma exposure. In this workshop, you will learn about common similarities and differences between typical developmental behaviors and Trauma behavior, as well as, the interrelatedness of each. You will receive strategies for working with youth who are exhibiting big behavior due to trauma exposure. In addition, you will receive tips and resources for further education and tools available to families. This webinar will utilize large group discussion and visual display; incorporate participant feedback; and allow time for questions and answers.

Working Within Michigan's Family Division Court System #228-20

Date/time: Wednesday, December 2, 2020

Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Joseph Kozakiewicz, JD, LMSW**, is director of the Chance at Childhood Program at Michigan State University.



Beginning skill level

Description: In this webinar, you will be given an overview of the Michigan Family Division court system, including structure and jurisdiction within the Family Division, Family Division Referees, the Friend of the Court, and specialty courts. To help child welfare professionals understand the legal perspective involved in their work, this webinar will describe the training and ethical obligations of lawyers and judges as well as discussion on how to work cooperatively to better serve clients. The nature of our court system and how this may impact decision making will also be described. This webinar will utilize large group discussion and visual displays; incorporate participant feedback; and allow time for questions and answers.

For webinar registration, see page 19.



Having the Tough Conversations About Race with Your Clients #229-20

Date/time: Monday, December 7, 2020

Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Stacey Goodson, MS**, obtained her bachelor's degree in Criminal Justice and her master's degree in human services. She has worked in child welfare for more than ten years and also has experience in education administration. Goodson owns her own training and consulting business and is passionate about providing excellent training opportunities. In her experience, she also had the privilege of parenting 18 children in foster care. She uses her variety of experiences to draw from to facilitate this and other trainings. She is passionate about advocating for youth to have opportunities to be the best version of themselves!



Beginning skill level

Description: This webinar will assist and guide child welfare staff in having the challenging discussions about race and current events with their clients. The training itself may cause discomfort for participants due to the nature of the discussion; however, it will be provided in a safe environment. This webinar will utilize large group discussion and visual displays; incorporate participant feedback; and allow time for questions and answers.

Trauma and Substance Use: Toward a Trauma-Informed Recovery Model for Substance Use Disorders #230-20

Date/time: Wednesday, December 9, 2020 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Amelia Siders, PhD, LP**, serves as the clinical director for TBCAC and has been working in the mental health field since 1994. She received a BA in psychology from the University of Michigan and completed her doctoral degree in clinical psychology at the California School of Professional Psychology, San Diego. A licensed psychologist, Dr. Siders specializes in assessment, treatment, and advocacy for children, adolescents, and adults with emotional, behavioral, trauma, and substance use disorders.



Intermediate skill level
Substance Use Specific
Trauma Certificate Elective

Description: This webinar will utilize research and clinical experience/expertise to outline the importance of a trauma-informed recovery model of care for substance use disorders. You will gain an understanding of the importance of assessing and treating these disorders with an integrated approach. This webinar will utilize exercises, large group discussion, and visual displays; incorporate participant feedback; and allow time for questions and answers.

For webinar registration, see page 19.



Using an Equity Framework in Child Welfare #200-21

Date/time: Wednesday, January 6, 2021

Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Gina Tremonti Gembel, MSW**, is director of MSU School of Social Work Continuing Education.



Beginning skill level

Description: This webinar will outline strategies in using equity as a framework in child welfare. Using an equity framework leads to just outcomes in which everyone has access to opportunities. This beginner workshop will build a shared vocabulary, introduce action steps, and use a case study to move participants through a framework for “doing” equity work. This webinar will utilize exercises, small and large group discussions, and visual displays; incorporate participant feedback; and allow time for questions and answers.

Applying Our Understanding of Social Identities in the Workplace #201-21

Date/time: Wednesday, January 27, 2021

Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenters: **Gina Tremonti Gembel, MSW**, is director of MSU School of Social Work Continuing Education.

Krista Rowe, ToP, CTF, is director of diversity, equity, and inclusion at Event Garde.



Beginning skill level

Description: Social identity is a person’s sense of who they are based on their group membership(s) (e.g., social class and family status). Groups give us a sense of social identity, a sense of belonging to the social world. This webinar will focus on how understanding our own social identities and the social identities of others contributes to a thriving, more connected work environment. This webinar will utilize exercises, small and large group discussions, and visual displays; incorporate participant feedback; and allow time for questions and answers.



How to register for webinar training:

For pricing, further details, and online registration, visit socialwork.msu.edu/ceu/catalog.php under Topics of Interest “Webinars” or search course number.

To ensure the best possible experience, we encourage you to review system requirements available at support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac. It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2021, renewed annually.

On-Demand Training Courses

Now offering FREE online courses! No registration required!

Online courses are recordings of live webinars and can be watched from the convenience of your home, office, or on the go! For each course, you will complete a pre-training evaluation and post-training evaluation. NO CONTINUING EDUCATION CLOCK HOURS (CECHs) are offered for the online courses, which are listed on pages 28–30. To improve your experience, we have created training categories including topics related to caregiving, children and families, substance abuse, supervision, trauma, and more. We offer trainings specific to caregivers, supervisors, and child welfare workers.

To view all course offerings, visit

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>

A few highlighted courses!

Connecting Brain and Behavior

This online course will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens.

Dissociative Coping in Traumatized Children

This online course will review the underlying risks leading to dissociative coping in children. Children exposed to traumatic events frequently rely on dissociative strategies to manage intolerable fear or pain. Younger children, in particular, may be vulnerable as their skills of managing stress are limited. Dissociative tendencies are easily misinterpreted by caregivers and professionals as intentional or characterological (i.e., “ignoring me” or “lazy”). Implications for assessing and treating traumatized children will be included.

When Addiction Trumps Relationships: Working with Mothers and Addiction

This online course will present information on the scope of the problem of mothers with substance use disorders and the impact of this problem on children. Common substances of abuse and their impact on biological and behavioral functioning will be discussed. You will learn the impact of addictive processes on the capacity for attachment among mothers with addiction and difficulties with emotion regulation and reward systems. A description of current practices with substance abusing mothers and their children will also be presented.

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Caregiver	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
Caregiver	204-18	Trauma-informed Caregiving (Part 3): Practical Parenting Strategies
Caregiver	208-18	Support Services for Transgender and Gender Non-Conforming Children & Families
Caregiver	217-18	Locating the Past & Building the Future
Caregiver	336-17	Caregiver: Advocating for My Child in the School System
Caregiver	354-17	Caregiver: Understanding the Role of Life Books for Youth in Care
Caregiver	372-17	Trauma-informed Caregiving (Part 1): Becoming Trauma-informed Parents.
Caregiver	381-17	Intergenerational Trauma & Our Work with Birth Parents: Understanding the Bridge to Success
TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	310-17	Finding and Utilizing Services for Adoptive Families
General/MDHHS	311-17	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
General/MDHHS	312-17	Suicide Assessment, Management, and Intervention
General/MDHHS	313-17	Safety Planning
General/MDHHS	314-17	Effective Courtroom Advocacy
General/MDHHS	315-17	Children of Parents with a Mental Illness
General/MDHHS	322-17	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
General/MDHHS	323-17	Supervision in Child Welfare: Strategies to Engage and Support Workers
General/MDHHS	324-17	Detection and Diagnosis of Substance Use Conditions
General/MDHHS	325-17	Working with Immigrant Children and Their Families
General/MDHHS	327-17	The Power of Peer Support for Foster and Adoptive Families
General/MDHHS	328-17	Creating Safety for Children
General/MDHHS	329-17	The Kinship Conundrum (and Ways to Address)
General/MDHHS	337-17	Supporting and Strengthening Early Relationships for Children in the Child Welfare System
General/MDHHS	340-17	Positive Parenting with Very Young Children
General/MDHHS	341-17	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care
General/MDHHS	346-17	When Addiction Trumps Relationship: Working with Mothers and Addiction
General/MDHHS	347-17	Working with Families Affected by Substance Abuse
General/MDHHS	348-17	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration
General/MDHHS	349-17	Extending the Welcome Mat to Our Newest Americans
General/MDHHS	350-17	Adoption as an Option for Older Youth

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	352-17	CBT for Social Anxiety in Children
General/MDHHS	355-17	Indicators and Trends of Domestic Violence and Intervention Services
General/MDHHS	356-17	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers
General/MDHHS	357-17	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression)
General/MDHHS	358-17	Through a Baby's Eyes: Foster Care, Parenting Time, and Transitions
General/MDHHS	359-17	The Healing Breath: Practicing Meditation and Self-care as a Child Welfare Professional
General/MDHHS	362-17	Your Role in Making Medicaid Happen
General/MDHHS	363-17	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
General/MDHHS	365-17	Dissociative Coping in Traumatized Children
General/MDHHS	371-17	Child Abuse and Neglect: The Signs, Symptoms, and Consequences
General/MDHHS	373-17	Fetal Alcohol Syndrome Disorder: What You Should Know
General/MDHHS	374-17	Father Involvement in Functional Family Formulations
General/MDHHS	376-17	Promoting Health and Wellness for Foster Youth
General/MDHHS	378-17	Teen Parents in Foster Care
General/MDHHS	382-17	Engagement, Readiness for Change, and Transition Planning
General/MDHHS	383-17	Youth Transitioning Out of Foster Care
General/MDHHS	384-17	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/ Dissolution
General/MDHHS	385-17	The Welfare of Children with Autism Spectrum Disorders and Their Families
General/MDHHS	386-17	Understanding and Supporting Adoptive Families
General/MDHHS	387-17	Accessing Special Education Supports for Children in Foster Care
General/MDHHS	388-17	Psychological and Emotional Trauma in Children and Its Impact on Adoption/ Foster Care and Family Development
General/MDHHS	390-17	Honoring and Empowering Adolescents
General/MDHHS	392-17	Having the Tough Conversations About Race with Your Clients
General/MDHHS	397	Beyond Breathing: Tools for Teaching Relaxation in Trauma Work
General/MDHHS	398	Rethinking Retention: A More Holistic Approach to Supporting Foster Parents
General/MDHHS	399	Changing Outcomes Through Resiliency
General/MDHHS	700	The Crossroads of Child Welfare and Human Trafficking
General/MDHHS	701	Preventing Further Harm: A Brief Overview of Trauma for the Child Welfare Profession
General/MDHHS	702	"I Love My Job": Supervision as a Tool for Preventing Burnout and Vicarious Trauma with Workers

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
General/MDHHS	201-18	Connecting Brain and Behavior
General/MDHHS	202-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
General/MDHHS	203-18	“Who Am I?” Fostering Identity Development With Foster and Adopted Youth
General/MDHHS	205-18	Why It’s Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy
General/MDHHS	206-18	Youth Aging Out of Foster Care: Body-based Practices to Promote Post-traumatic Growth
General/MDHHS	210-18	The Opioid Crisis in America: Identification and Treatment Strategies for Social Workers
General/MDHHS	213-18	Ending Zero Tolerance: What Child Welfare Workers Should Know
General/MDHHS	214-18	The Impact of Racial Bias on Traumatized Clients in Child Welfare
General/MDHHS	211-18	Integrating Mindfulness and Wellness for Stress Reduction
General/MDHHS	215-18	Trauma and Substance Use
TARGET AUDIENCE	COURSE #	TRAINING TITLE
Leadership	339-17	Principles of a Mobile Workforce
Leadership	361-17	Making the Case for Retention-focused Management
Leadership	216-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
Leadership	212-18	Engaging Older Youth in Permanency Planning: To be Adopted or Not to be Adopted?
Leadership	218-18	Principles of Staff Engagement
Leadership	220-18	Challenges in School (Part 1): Barriers for Children in Foster Care
Leadership	221-18	Challenges in School (Part 2): Strategies for Success
Leadership	200-19	The Matter of Motivation



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Registration for child welfare online courses is no longer required!

All child welfare online courses are available here:

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>.

Click on “Begin this course” under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.

Additional online trainings will become available soon!

Stay tuned, and check the website often!

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
October 2020	Youth Aging Out of Foster Care: Body-based Practices to Promote Post-traumatic Growth	Wednesday, October 5 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	15
	Level Up Your Self-care: Beyond the Basics	Friday, October 16 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	6
	Promoting Resilience in Vulnerable Youth Using the Nurtured Heart Approach®	Friday, October 16 8:45 AM - 12:00 PM (ET)	Live synchronous training via Zoom	Grand Valley State University	8
	Play It Again SAM (Sneaky Addictive Mind)	Monday, October 19 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	15
	Our New Legal Substances: Opioids and Cannabis	Friday, October 23 9:30 AM - 12:30 PM (ET)	Live synchronous training via Zoom	Western Michigan University	13
	An Introduction to Motivational Interviewing	Monday, October 26 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	16
November 2020	Mindfulness, Wellness, and Creative Self-care for the Helping Professional	Monday, November 9 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	16
	Gender Affirming Care for Transgender Youth	Thursday, November 12 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	10
	Who Am I? Fostering Identity Development and Resilience in Youth	Friday, November 13 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	6
	How to Help the Helpers: Trauma Informed Supervision	Friday, November 13 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	12
	Parent/Child Visits: Making the Time Better Than Time Spent!	Friday, November 13 12:30 PM - 3:45 PM (ET)	Live synchronous training via Zoom	Western Michigan University	13
	Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth	Monday, November 16 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	17
December 2020	From Infancy To Adulthood: How Early Relationships Impact Mental and Emotional Health	Wednesday, December 2 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	12
	Working Within Michigan's Family Division	Monday, December 2 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	17
	Beyond "No Means No": Teaching Families About Body Safety and Consent	Friday, December 4 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	10
	Having the Tough Conversations About Race with Your Clients	Monday, December 7 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	18
	Trauma Informed Service Planning for Resilience in Changing Times	Wednesday, December 9 1:45 PM - 5:00 PM (ET)	Live synchronous training via Zoom	Andrews University	5
	Trauma and Substance Abuse: Toward a Trauma-Informed Recovery Model for Substance Use Disorders	Wednesday, December 9 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	18
	Using Mindfulness to Prevent Secondary Traumatic Stress Among Helping Professionals	Thursdays December 10 and 17 Must attend both 10:00 AM - 11:30 AM (ET)	Live synchronous training via Zoom	Western Michigan University	14
	Emotional and Behavioral Dysregulation in Children: A Neuropsychological Perspective	Friday, December 11 12:45 PM - 4:00 PM (ET)	Live synchronous training via Zoom	Grand Valley State University	8
	Human Trafficking for Child Welfare Professionals	Monday and Tuesday December 14 and 15 Must attend both 10:00 AM - 11:30 AM (ET)	Live synchronous training via Zoom	Michigan State University	11

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
January 2021	Using an Equity Framework in Child Welfare	Wednesday, January 6 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	19
	Vicarious Trauma: Managing Stress and Prioritizing Wellness	Friday, January 15 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	7
	Applying Our Understanding of Social Identities in the Workplace	Wednesday, January 27 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	19
	Higher Education: Is It for Everyone?	Friday, January 29 8:45 AM - 12:00 PM (ET)	Live synchronous training via Zoom	Grand Valley State University	9
February 2021	Trauma Awareness and Intervention: Healing Hands in Our Black Communities	Friday, February 5 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	5

Additional trainings
and exciting new
topics coming
in spring 2021



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